



VICTOR VALLEY INTERGROUP CENTRAL OFFICE

Newsletter for the Fellowship

18888 Hwy 18 Suite 107, Apple Valley, CA. 92307 • (760) 242-9292 • www.victorvalleyaa.org

E-mail: vvffnl2025@gmail.com • Issue One : November 2025

The Spiritual Principle of step 11 is **Self-discipline**:

The last steps are about maintaining spirituality and deepening it through regular behavior. In step 11, we engage with this while practicing discipline in two mutually reinforcing ways. First, we pray and meditate regularly.

Second, we do not pray for our selfish gain and reinforce our willfulness. Instead, we seek to remain steady on the spiritual path.

"CONCEPT ELEVEN:

While the Trustees hold final responsibility for A.A.'s world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs, and consultants. Therefore the composition of these underlying committees and service boards, the

personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs, and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.

AWARENESS

- Alive and alert; vigilance in observing.

TRADITION ELEVEN

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

1. Do I sometimes promote AA so fanatically that I might make it seem unattractive?
2. Am I always careful to keep the confidences shared with me as an AA member?
3. Am I careful about throwing AA members' names around—even within the Fellowship?
4. Am I ashamed of being a recovered, or recovering alcoholic?
5. What would AA be like if we were not guided by the ideas in Tradition Eleven?
Where would I be?
6. Am I careful not to identify myself or others as members of AA when I post certain things on social media, such as Facebook, Twitter or Instagram?
7. Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?
8. If my group has its own website, have we considered this Tradition when we designed it, how accessible it is, and the type of content that it offers?



IN THE 11TH STEP

WE "SOUGHT THROUGH PRAYER AND MEDITATION TO IMPROVE OUR CONSCIOUS CONTACT WITH GOD AS WE UNDERSTOOD HIM, PRAYING ONLY FOR KNOWLEDGE OF HIS WILL FOR US AND THE POWER TO CARRY THAT OUT."



Victor Valley Intergroup of Alcoholics Anonymous**Meeting Minutes 9/20/25****Call to Order**

The meeting was called to order at 9:35 am by Shannon W. Introductions around the room were made with positions if one was held.

Present: *Melissa S, Shelly J, Julia J, Shannon W, Kim W, Scott C, Marlene C, John, Elaine, Veronica*
Call Outs: *Kara, Christina, Courtney, Sandy B.*

Kim read minutes from 8/16/25. Shelly motioned to accept minutes, Melissa seconded, AIF.

Intergroup Reports

Chair*Kara K* Absent No report.

Co-Chair*Shannon W* No report.

Secretary*Sandy B* Absent No report.

Treasurer*Shelly J* Shelly brought up regarding CDFTA and continue paying monthly (1 ½ mo.) or pay in full. Kim motioned to pay in full, Melissa 2nd, AIF. Shelly shared frustrations around not square and transactions being uncategorized. Group names also need to be added to donations. Shelly mentioned that completing the excel spreadsheet would provide details for donations. Melissa shared the same as requested in the past that she needs help with excel due to being unfamiliar. Shelly will assist.

See details below for treasurer report.

August 2025 Financial Summary (details attached).

Shelly reported the following donations:

Group Donations: \$1385.27

Individual: \$112.00

Zelle Group: \$20.00

Zelle Individual: \$.0

Donations Total: **\$1517.27**

Melissa reported Seventh Tradition brought in: \$28.00

Newsletter - Sandy D Absent, Shelly shared that Rebecca is no longer interested. John is interested in learning Newsletter, has 20+ years exp. and is willing to take over when Sandy D steps down. Shannon Motioned, Elaine 2nd. AIF. Melissa will introduce John D to Sandy D on Tuesday.

Webmaster - Courtney Q- Absent, Shelly shared that the Save the Date for the Ride for Recovery will be posted on Website.

GSR - Open

Office Manager ----- Melissa S

Office visits: 32

Information calls: 50

Call Forwarding: 20

12 Step Calls: 0

Bingo Fundraiser Report:

Ticket sales, dauber sales and donations: \$1762

Snack bar: \$235.00

50/50: \$370.00

Total: **\$2637**

Expenses: \$100

for Blackout Bingo

..... \$150 Hall Rental

..... \$54.27 Supplies

Total: **\$204.27**

Total profit: **\$2432.73**

Discussion was made regarding volunteers and their duties not being fulfilled. There were many suggestions regarding supporting the volunteers. John D volunteered to come in and learn the duties and support with a buddy system. Melissa will work with John on Tuesday to support the volunteers. Central Office is grateful to every volunteer. Volunteers are essential to C.O.

Associate Member - Kim W all flyers from previous meeting made and have been shared. Did not get the chance to look for a printer but will do so before next meeting.

Old Business

Square Terminal Replacement - Melissa discussed and recorded above.

Per Melissa and Shelly, this was completed.

New Business

Melissa shared that Rosie G made IGR packets and are available to anyone that is interested or that would like more information. Shelly discussed directories that are being sold at C.O and are outdated. Melissa and John will get with Sandy D to update. Shelly shared that the Bylaws state there needs to be an audit committee appointed by the Chair. Chair is absent and will be updated at next meeting. Shelly shared that per the Bylaws elections are held even and odd years and that this December she will be stepping down, already served 2 years in commitment. Shelly will stay on committee with another position. Kim suggested that it be put in the Newsletter that elections will be held in December for IG commitments.

Discussion was made regarding amending the Bylaws and it was shared that amendment is not changing or rewriting the Bylaws, it is merely making small changes like adding sobriety requirement. Amended Bylaws must be submitted to different government entities. Kim suggested that the committee take a copy, review and bring back suggestions to next meeting. At that meeting the committee can motion to amend the items and put for final approval at the following meeting. At which time the Bylaws will be amended and sent to board for signatures.

Close of Meeting

Kim motioned to adjourn the meeting, Julia seconded, AIF. Meeting adjourned at 9:48 am. Group prayed out with serenity prayer.

Respectfully submitted, Kim W.

FINANCIAL SUMMARY AS OF August 31st, 2025			
	CURRENT		
Savings	\$2,505.15		
Transfer from Savings to Checking			
Cash in Chase Banking	\$5,171.78		
Central Office Petty Cash			
INCOME	CURRENT	PRIOR YTD	YTD
Group Donations (from Square)	\$1,385.27	\$6,238.67	\$7,623.94
Individual Donations (from Square)	\$112.00	\$924.86	\$1,036.86
Group Donations (from Zelle)	\$20.00		\$20.00
Individual Donations (from Zelle)			\$0.00
Chips and Medallions	\$342.22	\$1,379.46	\$1,721.68
Literature	\$662.10	\$3,460.50	\$4,122.60
Square Credit Card Fee	\$2.00	\$29.00	\$31.00
Uncategorized Items on Square printout	\$52.00		\$52.00
AA Mountain Conference		\$0.00	\$0.00
SOTS-HDC Convention		\$669.20	\$669.20
Ride for Recovery		\$0.00	\$0.00
Womens Banquet		\$1,740.00	\$1,740.00
TOTAL INCOME	\$2,575.59	\$14,441.69	\$17,017.28
EXPENSES	CURRENT	PRIOR YTD	YTD
Rent	\$490.93	\$3,571.91	\$4,062.84
Southern California Edison	\$89.32	\$261.04	\$350.36
Southwest Gas	\$11.00	\$190.43	\$201.43
Spectrum	\$140.00	\$979.96	\$1,119.96
High Desert Alarm		\$308.94	\$308.94
Manager Salary	\$1,200.00	\$7,025.00	\$8,225.00
Maintenance/Office		0	\$0.00
Insurance		\$495.00	\$495.00
Literature		\$1,672.76	\$1,672.76
Banking Fees		\$50.00	\$50.00
Other Expenses (Debit Card Transactions)	\$464.67	\$555.99	\$1,020.66
CDTFA (Sales Tax)	\$328.36	\$1,616.52	\$1,944.88
Federal Taxes		\$1,358.99	\$1,358.99
Square Fees	\$760.16	\$0.00	\$760.16
Printing		0	\$0.00
Fundraisers		0	\$0.00
Business License		0	\$0.00
Miscellaneous Office Expenses (paid with Checks)		\$755.24	\$755.24
Website		0	\$0.00
TOTAL EXPENSES	\$3,484.44	\$18,841.78	\$22,326.22
BALANCE	-\$908.85	-\$4,400.09	-\$5,308.94

GROUP DONATIONS			
APPLE VALLEY	CURRENT	PRIOR YTD	YTD
Big Book Study (VV Alano Club)		\$0.00	\$0.00
Campfire Group (VV Alano Club)		\$337.77	\$337.77
Children of Chaos (COV)		\$0.00	\$0.00
Coffee Talk (VV Alano Club)		\$383.00	\$383.00
Friday Night Lights (VV Alano Club)		\$0.00	\$0.00
Front & Center (VV Alano Club)	\$302.00	\$801.00	\$1,103.00
Luz Del Sur (21887 Outer Hwy 18)		\$0.00	\$0.00
Men's Stag (Serenity Hall)		\$0.00	\$0.00
Men's Stag (VV Alano Club)		\$0.00	\$0.00
O.L.D. AA Big Book Study (Our Lady of the Desert)		\$275.00	\$275.00
Original Big Book Study (COV)		\$0.00	\$0.00
Pride Group LGBTQ+ (VV Alano Club)	\$120.00	\$240.00	\$360.00
Primary Purpose (COV)		\$0.00	\$0.00
Primary Purpose (Online)	\$159.60	\$178.20	\$337.80
Question & Answer (VV Alano Club)		\$0.00	\$0.00
Sisters in Serenity (COV)		\$30.00	\$30.00
Speaker Meeting (COV)		\$0.00	\$0.00
Step Workshop (VV Alano Club)		\$0.00	\$0.00
T.G.I.F. (COV)		\$0.00	\$0.00
Women's Big Book Study (VV Alano Club)		\$0.00	\$0.00
Women's Meeting (Church of the Nazarene)	\$151.67	\$146.70	\$298.37
BARSTOW	CURRENT	PRIOR YTD	YTD
Attitude of Gratitude (Alano Club)		\$0.00	\$0.00
Barstow Desert Group (Alano Club)		\$25.00	\$25.00
Desert Dogs (Alano Club)		\$0.00	\$0.00
Desert Road Runners (River of Life Methodist)	\$100.00	\$0.00	\$100.00
Friday Night Live (Alano Club)		\$1,000.00	\$1,000.00
Happy Hour (River of Life Methodist Church)		\$25.00	\$25.00
Into Action Men's Stag (Alano Club)		\$570.00	\$570.00
Literature in the Parking Lot (Alano Club)		\$0.00	\$0.00
Los Coyotes Men's Stag (Alano Club)		\$717.00	\$717.00
Our Primary Purpose (Alano Club)		\$300.00	\$300.00
Prayer and Meditation (Alano Club)		\$50.00	\$50.00
Sisters in Sobriety (Alano Club)		\$0.00	\$0.00
Una Nueva Vida (Alano Club)		\$0.00	\$0.00
Women's Rule 62 Group (River of Life Methodist)	\$20.00	\$40.00	\$60.00
BIG BEAR	CURRENT	PRIOR YTD	YTD
Honor The Mountain Group	\$50.00	\$100.00	\$150.00
FORT IRWIN	CURRENT	PRIOR YTD	YTD
Daily Reflection (3rd St/G Avenue)		\$0.00	\$0.00
Soldiers for Sobriety (3rd St/G Avenue)	\$20.00	\$30.00	\$50.00
HELENDALE	CURRENT	PRIOR YTD	YTD
Ladies Willing to Go to Any Lengths (Community Church)		\$0.00	\$0.00
No Valid Complaints (Lion's Club)		\$135.00	\$135.00
Serenity Group (Community Church)		\$0.00	\$0.00
HESPERIA	CURRENT	PRIOR YTD	YTD
Hesperia Umbrella Group (HUG)		\$0.00	\$0.00
Spanish (Main Street)		\$0.00	\$0.00
Spanish (Mariposa Road)		\$0.00	\$0.00
PHELAN	CURRENT	PRIOR YTD	YTD
Open Book Study (Montara Road)		\$0.00	\$0.00
Phelan Sober Group (Sunmystlope Road)		\$50.00	\$50.00
Spanish (Manos Unidas De Phelan)		\$0.00	\$0.00
VICTORVILLE	CURRENT	PRIOR YTD	YTD
Big Book/12 and 12 Study (Holy Innocents Church)		\$0.00	\$0.00
Latino de Victor Valley (St. Andrews)		\$0.00	\$0.00
Mojave Riverwalk (VV Lower Campus)		\$0.00	\$0.00
Tumbleweed Group		\$0.00	\$0.00
WRIGHTWOOD	CURRENT	PRIOR YTD	YTD
12x12 (Old Firehouse)	\$50.00	\$200.00	\$250.00
12x12 Study (Hillside Community Church)		\$0.00	\$0.00
Big Book Study (Old Firehouse)	\$50.00	\$200.00	\$250.00
Friday Night Reflections (Old Firehouse)		\$120.00	\$120.00
LGBTQ + (Old Firehouse)	\$120.00		\$120.00
Men's Stag Meeting (Old Firehouse)		\$90.00	\$90.00
No Frills (Old Firehouse)		\$200.00	\$200.00
Open Participation (Blessed Junipero Serra Church)		\$0.00	\$0.00
Open Participation (Old Firehouse)		\$0.00	\$0.00
Women's Meeting (Old Firehouse)	\$150.00	\$0.00	\$150.00
YERMO	CURRENT	PRIOR YTD	YTD
Open Participation (Peggy Sue's Diner)		\$0.00	\$0.00
Peggy Sue's Diner (Peggy Sue's Diner)		\$0.00	\$0.00
UNKNOWN	CURRENT	PRIOR YTD	YTD
Steppers		\$25.00	\$25.00
Nancy Attitude of grt -\$12.00 + Jeff Hanks -\$100.00	\$112.00		\$112.00
Individual Donations	\$112.00	\$924.68	\$1,036.68
TOTAL GROUP DONATIONS	\$1,517.27	\$7,193.35	\$8,710.62

"Elections" will be held:

December 20th for InterGroup commitments!

Anyone having changes to **Meeting Directory** please contact editor at:
vvffnl2025@gmail.com



**40th Annual
Sunshine of the Spirit
High Desert Convention**
with Al-Anon Participation

June 5 - June 7, 2026
Courtyard Marriott
Hesperia, California

Friday, June 5, 2026	Saturday, June 6, 2026	Sunday, June 7, 2026
7 PM Opening Meeting	7:30 PM Speaker Meeting	10 AM Spiritual Speaker Meeting
MAIN SPEAKER Ronald W, Los Angeles	MAIN SPEAKER Brent H, Los Angeles	MAIN SPEAKER Rosie T, Seal Beach

HOTEL RESERVATIONS & INFORMATION

Courtyard Marriott
9619 Mariposa Road
Hesperia, CA 92345
760-956-3876
Reference upcoming AA Convention

CONVENTION INFORMATION & QUESTIONS

Christina B, 760-979-3454
AA Chairperson

Penny C, 909-953-9847
Al-Anon Chairperson

Visit our website at sunshineofthespirit-highdesertconvention.com



T-Shirt Preorders
See registration for
for details

*"To Thine Own
Self Be True"*

**20th Annual High Desert
AA Women's Banquet**

Saturday April 11, 2026

11AM-4PM

Courtyard Marriott
9619 Mariposa Road, Hesperia, CA

Speaker:

Deidre K.
from Rancho Cucamonga

*Lunch - 50/50 Raffle Drawing
Beautiful Basket Raffles*

*For registration, please contact:
Sandy B. (760) 475-2569
or Lindsey (760) 881 9000*

H.U.G Speaker Meeting Nov-Dec 2025

Desiree D. 3 yrs fromLake Havasu 11/22/25
David M..... 24 yrs from Garden Grove 11/29/25
Charles C..... 31 yrs from Hesperia 11/6/25
Jason D..... 6 yrs from Lancaster 12/20/25
Vanessa D..... 6yrs from Lancaster 12/27/25



It is no coincidence that the very first Step mentions powerlessness:

An admission of personal powerlessness over alcohol is a cornerstone of the foundation of recovery. I've learned that I do not have the power and control I once thought I had. I am powerless over what people think about me. I am powerless over having just missed the bus. I am powerless over how other people work (or don't work) the Steps. But I've also learned I am not powerless over some things. I am not powerless over my attitudes. I am not powerless over negativity. I am not powerless over assuming responsibility for my own recovery. I have the power to exert a positive influence on myself, my loved ones, and the world in which I live.

From the book Daily Reflections.



12th Step Opportunities!

Join us as we carry the message of Alcoholics Anonymous to those who cannot attend regular meetings. Current panel opportunities include Federal Prison, High Desert Detention Center, and Phoenix House.

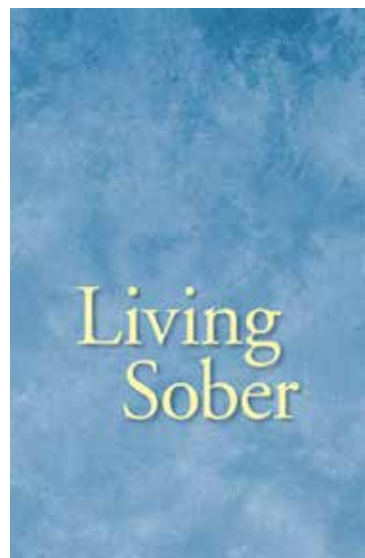
Come see what we do!

Join us at our monthly committee meeting. H&I meets the 3rd Monday of the month at the Alano Club at 6:30^{PM}

Contact us!

H&I Director: Shannon
(760) 221-5907
H&I co-Director: Scott
(760) 267-5907

Beloved by newcomers and old timers alike, ***Living Sober is a 90-page AA book (\$6.00)*** whose importance far outweighs its physical size. ***Now on its 50th anniversary,*** it continues to demonstrate through simple example how AA members throughout the world live and stay sober one day at a time. Published by AA World Services in 1975 (and updated in 2012), *Living Sober* was written by an AA member who gathered information for the book by talking to other AA members with long term sobriety.

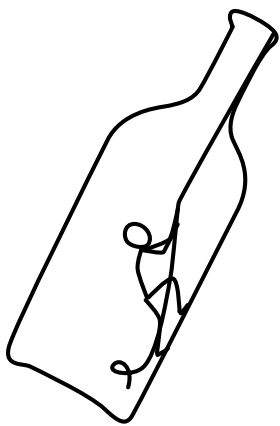


The book shares practical, sometimes humorous advice on the down-to-earth side of "living without drinking." That can include going late to parties and leaving early; developing new habits of exercise (take long walks, but don't go on "tiring marches"); doing volunteer work (stay busy!); and grabbing a sweet snack when the desire for a drink hits.

None of this is earth-shattering, right? Except that these simple tips are frontline weapons in the battle against a cunning, baffling and powerful disease.

It's no wonder that even after half a century, having sold millions of copies, this deceptively simple volume full of practical pearls of wisdom remains a staple of sobriety for AA members everywhere.

(Available at: **Victory Valley Intergroup Central Office**)
18888 Hwy 18 Suite 107, Apple Valley, CA. 92307



Getting out of the 'if' trap

Emotional entanglements with people are not the only way we can get our sobriety dangerously hooked to something extraneous. Some of us have a tendency to put other conditions on our sobriety, without intending to. One A.A. member says, "We drunks* are very 'iffy' people. During our drinking days, we were often full of ifs, as well as liquor. A lot of our daydreams

started out, 'If only...' And we were continually saying to ourselves that we wouldn't have gotten drunk if something or other hadn't happened, or that we wouldn't have any drinking problem at all if only..." We all followed up that last "if" with our own explanations (excuses?) for our drinking. Each of us thought: I wouldn't be drinking this way... If it wasn't for my wife (or husband or lover)...if I just had more money and not so many debts...if it wasn't for all these family problems...if I wasn't under so much pressure...if I had a better job or a better place to live...if people understood me...if the state of the world wasn't so lousy...if human beings were kinder, more considerate, more honest...if everybody else didn't expect me to drink...if it wasn't for the war (any war)...and on and on and on. Looking back at this kind of thinking and our resultant behavior, we see now that we were really letting circumstances outside ourselves control much of our lives. When we first stop drinking, a lot of those circumstances recede to their proper places in our minds. At the personal level, many of them really clear up as soon as we start staying sober, and we begin to see what we may be able to do about the others some day. Meanwhile, our life is much, much better sober, no matter what else may be going on. But then, after a sober while, for some of us there comes a time when—plop!—a new discovery slaps us in the face. That same old "iffy" thinking habit of our drinking days has, without our seeing it, attached itself to not drinking. Unconsciously, we have placed conditions on our sobriety. We have begun to think sobriety is just fine—if everything goes well, or if nothing goes wrong.

In effect, we are ignoring the biochemical, unchangeable nature of our ailment. Alcoholism respects no ifs. It does not go away, not for a week, for a day, or even for an hour, leaving us nonalcoholic and able to drink again on some special occasion or for some extraordinary reason—not even if it is a once-in-a-lifetime celebration, or if a big sorrow

hits us, or if it rains in Spain or the stars fall on Alabama. Alcoholism is for us unconditional, with no dispensations available at any price. It may take a little while to get that knowledge into the marrow of our bones. And we sometimes do not recognize the conditions we have unconsciously attached to our recovery until something goes wrong through no fault of ours. Then—whammy!—there it is. We had not counted on this happening. The thought of a drink is natural in the face of a shocking disappointment. If we don't get the raise, promotion, or job we counted on, or if our love life goes awry, or if somebody mistreats us, then we can see that maybe all along we have been banking on circumstances to help us want to stay sober. Somewhere, buried in a hidden convolution of our gray matter, we had a tiny reservation—a condition on our sobriety. And it was just waiting to pounce. We were going along thinking, "Yep, sobriety is great, and I intend to keep at it." We didn't even hear the whispered reservation: "That is, if everything goes my way." Those ifs we cannot afford. We have to stay sober no matter how life treats us, no matter whether nonalcoholics appreciate our sobriety or not. We have to keep our sobriety independent of everything else, not entangled with any people, and not hedged in by any possible cop-outs or conditions.

Over and over, we have found we cannot stay sober long just for the sake of wife, husband, children, lover, parents, other relative, or friend, nor for the sake of a job, nor to please a boss (or doctor or judge or creditor)—not for anyone other than ourselves.

Tying up our sobriety to any person (even another recovered alcoholic) or to any circumstance is foolish and dangerous. When we think, "I'll stay sober if—" or "I won't drink because of—" (fill in any circumstance other than our own desire to be well, for health's own sake), we unwittingly set ourselves up to drink when the condition or person or circumstance changes. And any of these may change at any moment. Independent, unaffiliated with anything else, our sobriety can grow strong enough to enable us to cope with anything—and everybody. And, as you'll see, we start liking that feeling, too.

**Some of us A.A.'s refer to ourselves as "drunks," no matter how long we have been sober. Others prefer "alcoholics." There are good reasons for both terms. "Drunks" is lighthearted, tends to keep the ego down to size, and reminds us of our proneness to drinking. "Alcoholics" is equally honest, but more dignified and more in keeping with the now widely accepted idea that alcoholism is a perfectly respectable illness, not just willful self-indulgence.*

Victory Valley Intergroup Central Office

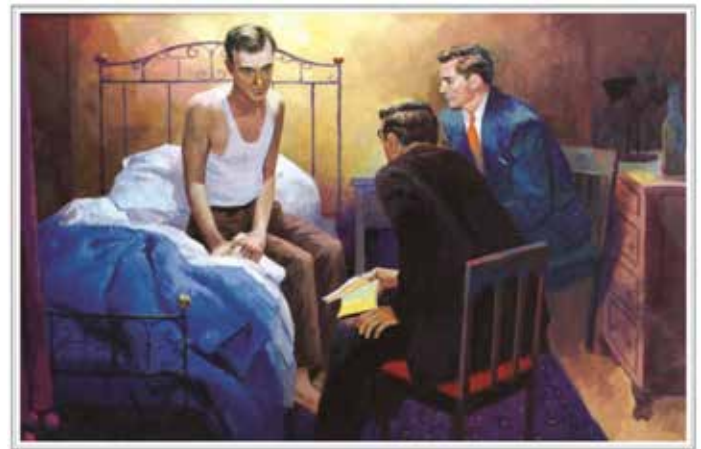


Help Us Carry the Message!

Victor Valley Intergroup Central Office is seeking individuals to be added to the
"12 Step Call List"

*We Need Women and Men
 from all Cities in the HD!*

Victor Valley Central Office: 760 242-9292



Victor Valley Intergroup Central Office is **seeking Volunteers to answer phones** in the Central Office.

Anyone interested please contact:
 Office Manager Mellissa S. at: 760-220-4016

Victor Valley Central Office: 760 242-9292



Help others get to meetings!

Volunteer as a driver.

Anyone interested please contact:
 Office Manager Mellissa S. at: 760-220-4016
Victor Valley Central Office: 760 242-9292



Victory Valley Intergroup Central Office

GENERAL SERVICE BOARD

Office Manager Melissa S
Chair Kara K
Co-Chair Shannon W
Treasurer Shelly J
Secretary Sandy B
Associate Member Kim W
Newsletter Editor John F. D

Panel 74/75 District 19/GSR Committee Board

DC Meeting Chair Bob O
Alternate DCMC OPEN
Registrar Bob O
Secretary Liz Y
Treasurer Stacey H
Archives Leslie A

Chairs and Liaisons

Grapevine/La Vina (Chair) OPEN
(Liaison) Shelly J
CPC/PI (Chair) Sandy D
Intergroup (Liaison) Shelly J
CEC (Chair) OPEN

GSR HOME GROUP

Bob O Soldiers for Sobriety/Grapevine/Daily Reflections Ft Irwin
Bob O BigBook Barstow
Mike E Happy Hour Barstow
Anthony... Into Action Men only... Barstow
Courtney Q Rule 62 Women only Barstow
Jerry M Tumbleweed Victorville
John M Phelan Sober Phelan
Liz Y.T.G.I.F Ch of the Valley AV
OPEN Sun Eve Campfire Alano Club AV
Rita R (W)11am Wmn Ch Of the Nazarene AV
Mike M H.U.G.
Dan W H.U.G.
Tom W (W) Men's Stag Wrightwood
Michelle .. C (Mo) Wmn BB/12x12 Wrightwood
Daniel H .. (Su) a m Wrightwood
Leslie A .. (Fr) 7pm Serenity Now Wrightwood

District 19 Correspondence

P.O. Box 3096 Victorville, Ca. 92393
E-mail: msca09d19@gmail.com

MID-SOUTHERN CA. AREA 09

PO BOX 51446
IRVINE, CA. 92619-1446
<https://www.msca09aa.org>

Panel 74 Delegate: Alex W

Email: msca09.delegate74@gmail.com
OR: delegate@msca09aa.org
Call or text: 954- 654- 3149



Want to join the Birthday Club?

Send a dollar (+/-) per year of sobriety to:

Victory Valley Intergroup Central Office

18888 Hwy 18 Suite 107, Apple Valley, CA. 92307

AA Member's: Home Group

SOBRIETY DATE, FIRST NAME AND LAST INITIAL

Cities in the District

ADELANTO, APPLE VALLEY, BARSTOW, HESPERIA, LUCERNE VALLEY, NEWBERRY SPRINGS, PHELAN, PINON HILLS, TRONA, VICTORVILLE, WRIGHTWOOD, YERMO

There are a variety of formats for A.A. meetings and each meeting takes on the feel of their local area. At most meetings you will hear members talk about what drinking did to them and to those around them. Most also share what actions they took to stop drinking and how they are living their lives today.



The purpose of all meetings is for A.A. members to "share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism."

ANOTHER SOBER NOVEMBER 2025

KEEP COMING BACK WITHOUT A DRINK **SOBER!**

HAPPY BIRTHDAY EVERYONE!

Anyone having changes to **Meeting Directory** please contact editor at:

vvffnl2025@gmail.com

SHARE YOUR GROUP'S NEWS AND EVENTS WITH US

vvffnl2025@gmail.com

THE NEWSLETTER is on our website at: www.victorvalleyaa.org

FOR E-DELIVERY CONTACT – vvffnl2025@gmail.com