



**OCTOBER  
2025**

### 10th Step Prayer AA

GOD  
REMOVE THE SELFISHNESS,  
DISHONESTY, RESENTMENT AND FEAR  
THAT HAS CROPPED UP IN MY LIFE  
RIGHT NOW. HELP ME TO DISCUSS  
THIS WITH SOMEONE IMMEDIATELY  
AND MAKE AMENDS QUICKLY IF I  
HAVE HARMED ANYONE. HELP ME TO  
CEASE FIGHT ANYTHING AND ANYONE.  
SHOW ME WHERE I MAY BE HELPFUL  
TO SOMEONE ELSE. HELP ME REACT  
SANELY; NOT COCKY OR AFRAID. HOW  
CAN I BEST SERVE YOU - YOUR WILL,  
NOT MINE BE DONE.  
AMEN

### STEP 10 PROMISES

And we have ceased fighting anything or anyone—even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. We react sanely and normally, and we will find that this has happened automatically. We will see that our new attitude toward liquor has been given us without any thought or effort on our part. It just comes! That is the miracle of it. We are not fighting it, neither are we avoiding temptation. We feel as though we have been placed in a position of neutrality, safe and protected

AA BIG BOOK PAGES 84-85  
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## NEWSLETTER FOR THE FELLOWSHIP

VICTOR VALLEY INTERGROUP CENTRAL OFFICE

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WEBSITE: <https://www.victorvalleyaa.org>

### STEP TEN

**CONTINUED TO TAKE PERSONAL INVENTORY AND WHEN WE WERE WRONG PROMPTLY ADMITTED IT.**

Of course, you are aware of your actions, but are you taking inventory and admitting when you're wrong or when you've done wrong? This personal responsibility is critical to successful recovery from alcohol addiction. An example of working step 10 might be getting angry when someone cuts you off at a traffic light. Just as you begin to form the profanities to hurl from your open window, you recognize that the other driver will not be improved by your anger and would benefit more from your demonstration of the right way to react to anger or stress. Instead of hurling abuse, you smile as you pass the driver, even if it's not a real smile. By responding to a conflict or anger with grace, you have used step 10.

<https://alcohol.org/alcoholics-anonymous/step-10>

### CONCEPT TEN

**EVERY SERVICE RESPONSIBILITY SHOULD BE MATCHED BY AN EQUAL SERVICE AUTHORITY, WITH THE SCOPE OF SUCH AUTHORITY WELL DEFINED.**

This Concept suggests that providing trusted servants with clearly defined jobs and the authority to do those jobs is equally important. This is where the idea of the "group conscience" as ultimate authority and the "trusted servant" as delegated authority clearly cross paths and need each other to function.

The board is in authority over its subsidiary operating conditions — A.A. World Services, Inc. and The A.A. Grapevine, Inc. — but it delegates to the directors of those corporations the authority necessary to run these service entities. The directors are in authority over the executives of the corporations, but delegate to these officers the authority needed to carry out their administrative responsibilities. And finally, the executives delegate to the G.S.O. and Grapevine staff members and other employees the authority necessary to carry out their important service jobs. <https://takethe12.org/c10/>

### TRADITION TEN

**ALCOHOLICS ANONYMOUS HAS NO OPINION ON OUTSIDE ISSUES; HENCE THE A.A. NAME OUGHT NEVER BE DRAWN INTO PUBLIC CONTROVERSY.**

#### STEP-TRADITION PARALLEL

The relationship of the tenth tradition to the tenth step is this: I can be at peace and avoid outside issues by taking my inventory and not yours. I avoid controversy by taking stands with the attitude of a peacemaker. The tenth concept of service takes the process one step further and specifies what kind of inventory I should be writing about: The responsibilities for which God has given me authority.

<https://takethe12.org/t10/>

## Victor Valley Intergroup of Alcoholics Anonymous Business Meeting Minutes 8/16/2025

**Call to Order** The meeting was called to order at 8:34 am by Kara K.  
Introductions around the room were made with positions if one held.

**Present:** Melissa S, Shelly J, Sandy B, Julia J, Shannon W, Rosie R, Kim W, Christina B, Courtney Q, Joy S, Rebecca G, Sergio V, Scott C, Sandy D, Marlene C

**Call Outs:** Elaine K

Sandy B read minutes from 7/19/25. Kim W motioned to accept minutes, Shannon W seconded, AIF.

### Intergroup Reports

**Chair:** Kara – No report. **Co-Chair:** Shannon – No report.

**Secretary:** Sandy B – No report.

**Treasurer:** Shelly – report as follows:  
the following donations:

July 2025 Financial Summary (detail attached). Shelly reported

Group Donations: \$ 860.70  
Individual: \$ 96.00

Convention: \$ 669.20  
Women's Banquet: \$1740.00  
**Donations Total: \$3365.90**

Shelly & Courtney set up Zelle and tested it and it works. Shelly discussed details about being clear as to what your Group Name is when making Zelle donations, so that we can be sure we are adding those donations to the correct groups. Example Women's Rule 62 Group – Barstow \$20.00 donation for the month of Sept 25. All individual donations are lumped together in the monthly financial summary. Kim offered to create a flyer and post if Shelly could send her the information. Shelly sent financials to Sandy B via email. Kim motioned to accept financials, Shannon seconded, AIF.

7<sup>th</sup> Tradition brought in: **\$31.00**

**Office Manager:** Melissa reported out the following:

Office visits: 36

Information calls: 48

12 Step Calls: 0

Call Forwarding: 26

Per discussion in last meeting Melissa adjusted and changed the costs of the books. Bingo is next Saturday, August 23, doors open at 12:30 pm and bingo starts at 1:00 pm. We need one more cash box. Melissa asked all members who wanted to sell tickets to let her know. She has 9 gift cards. There will be 10 games total. The 10<sup>th</sup> gift is generally a \$100 gift which she does not yet have. She ordered supplies off the Central Office debit card for \$54.27. Melissa will make sure the room is reserved and get them a room rent and deposit check \$150.00 & \$50.00, respectively. Melissa is having a hard time printing a key making receipt and Kim will help her print email receipt. Melissa asked if Courtney could help her with the volunteer log in on the PC. Courtney agreed to assist. Sandy D said she will continue to print the directories. Melissa said system needs to be updated for Square by September and asked for assistance. Melissa said the new terminal is \$799.00 or \$39.99 plus interest for two years. Kim made motion to purchase and pay in full, Shannon seconded, AIF.

Melissa looked into setting up a Venmo for Central Office and she cannot set up another account due to her business. Courtney said Venmo charges 1.9% processing fees and suggested we explore alternative options. Cash app 2.75% processing fee. Melissa will confirm processing fees for non-profits then bring back to committee. Shelly suggested that we purchase a good printer for Central Office that can print letter and legal. Kim and Sandy B will explore printer options and bring them back to the group next meeting.

Melissa still needs assistance at Central Office. Sandy D said she can pick up Tuesday afternoons. If members in meetings express interest in volunteering, please send them to Melissa. Kim said she created and posted all flyers.

**Newsletter:** Sandy D: Sandy D said she will complete the 12 steps and 12 months for the newsletter and if someone steps up is willing to help with training through the end of the year. Kara said she appreciates Sandy D, Julia did too. Rebecca from Barstow expressed interest in learning more about the position and seeing if it is something that she can do. Rebecca and Sandy D will connect off-line. .

**Webmaster:** Courtney: Courtney said she would place the August newsletter on the website after the meeting, as well as flyers of current events, etc. She will add the Zelle info too.

**GSR:** Open – no report

**Associate Member:** Kim W – no report.

### Old Business

**Bingo Event** – Discussion was held regarding the upcoming Bingo event and due to circumstances explored cancelling or rescheduling event. Kim motioned to postpone Bingo, Shannon seconded, AIF. The group decided that Bingo be postponed on August 23, 2025 @ 1:00 pm. Sandy will send snack bar donations text to Intergroup committee to see if anyone can donate. Kim will update the flyer and post. Future fundraisers will be discussed at future meetings.

Continued from page 2

**New information:** Volunteers for upcoming Bingo at 11:00 am: Sandy, Shelly, Kim, Melissa, Kara, Marlene, Rosie, Scott, and Julia volunteered to be there.

**Creating New Member Interest** – Rosie said the last time she came to a meeting she was the only one representing a meeting. She did some research to see what other Intergroups have with respect to pamphlets about Intergroup to help create interest and suggested we do the same. She also suggested having maybe a breakfast and share packets to distribute there (she provided a samples to the group. The group agreed that this is a good idea. Kim made a motion to have Rosie explore this more and connect with the Colton office and bring information back to the group, Shannon seconded, AIF. Rosie also asked if the Intergroup flyer could be updated to show the reoccurring meeting date. Kim will update and send to the group. Rosie gave a Victorville 2025 pin she had made for the International meeting to each member.

**Update:** Rosie sent materials to the group on the new member interest and passed materials around. Two of the pamphlets are free and she discussed cost of additional pamphlets \$1.63 per packet of \$1.75 if larger envelope is used. We can print at Central Office and Rosie will volunteer to print pamphlets to take them to meetings. She also said as far as breakfast, she suggested that hold off until December or January due to elections. Kim motioned to approve Rosie to print 15 pamphlets, Shelly seconded, AIF.

**Newsletter** – Rosie asked about a donation link on the newsletter. Discussion was held and it was agreed that it needs to be updated on the website. Courtney just needs the information, so donations go straight to the bank. Melissa will set up a Venmo link and Shelly & Courtney will investigate weblink set up. It was also noted that when Sandy D sent the July issue she was giving up her commitment to the subscribers. Ideas were floated by the committee, and it was decided to take the information to the general meetings to see if anyone is interested to take the commitment. For now, we will post the approved minutes and financials on the website.

**Other Topics Discussed** - Christina B requested clarity on donating to Central Office since she is representing the Tumbleweed. Discussion was held and it was communicated that each group is autonomous so they can vote on how and when to donate, so she will take that back to the group. Julia asked about the cost of literature and if we increase the cost to profit. General discussion on opinions of not making a profit but covering shipping costs was had. Julia made a motion to sell AA approved books and literature at cost, Kim seconded, AIF. Julia brought up again the 12-step call list. Rosie asked if it could be updated. Kim volunteered to create a flyer to solicit interest. She will post and send it to Courtney for the website.

**New Business** Square Terminal Replacement – Melissa discussed and recorded above.

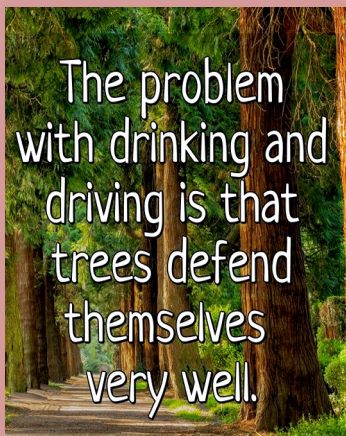
**Close of Meeting** Shannon motioned to adjourn the meeting, Shelly seconded, AIF. Meeting adjourned at 9:34am. Group prayed out with serenity prayer. Respectfully submitted, Sandy B

VVIGCO FINANCIAL STATEMENT JULY 2025 , page 4



'I seek the freedom from isolation and loneliness that intimacy brings. Today, 'I will get to know "the real me" by taking a personal inventory, and 'I will practice being completely honest with another person.

**just for today**





**VICTOR VALLEY INTER-GROUP CENTRAL OFFICE**

FINANCIAL SUMMARY AS OF July 31st, 2025			
	CURRENT		
Savings	\$2,505.13		
Transfer from Savings to Checking			
Cash in Chase Banking	\$4,054.03		
Central Office Petty Cash			
<b>INCOME</b>	<b>CURRENT</b>	<b>PRIOR YTD</b>	
Group Donations	\$1,256.70	\$4,981.97	\$6,238.67
Individual Donations	\$96.00	\$828.86	\$924.86
Chips and Medallions	\$448.45	\$931.01	\$1,379.46
Literature	\$723.75	\$2,736.75	\$3,460.50
Square Credit Card Fee	\$4.00	\$25.00	\$29.00
AA Mountain Conference		\$0.00	\$0.00
SOTS-HDC Convention	\$669.20	\$0.00	\$669.20
Ride for Recovery		\$0.00	\$0.00
Womens Banquet	\$1,740.00	\$0.00	\$1,740.00
<b>TOTAL INCOME</b>	<b>\$4,938.10</b>	<b>\$9,503.59</b>	<b>\$14,441.69</b>
<b>EXPENSES</b>	<b>CURRENT</b>	<b>PRIOR YTD</b>	<b>YTD</b>
Rent	\$530.29	\$3,041.62	\$3,571.91
Southern California Edison	\$95.57	\$165.47	\$261.04
Southwest Gas	\$22.00	\$168.43	\$190.43
Spectrum	\$140.00	\$839.96	\$979.96
High Desert Alarm		\$308.94	\$308.94
Manager Salary	\$1,200.00	\$5,825.00	\$7,025.00
Maintenance/Office		0	\$0.00
Insurance	\$247.50	\$247.50	\$495.00
Literature	\$721.01	\$951.75	\$1,672.76
Banking Fees	\$50.00	\$0.00	\$50.00
Other Expenses (Debit Card Transactions)		\$555.99	\$555.99
CDTFA (Sales Tax)	\$489.38	\$1,127.14	\$1,616.52
Federal Taxes		\$1,358.99	\$1,358.99
Square Fees		\$0.00	\$0.00
Printing		0	\$0.00
Fundraisers		0	\$0.00
Business License		0	\$0.00
Miscellaneous Office Expenses (paid with Checks)		\$755.24	\$755.24
Website		0	\$0.00
<b>TOTAL EXPENSES</b>	<b>\$3,495.75</b>	<b>\$15,346.03</b>	<b>\$18,841.78</b>
<b>BALANCE</b>	<b>\$1,442.35</b>	<b>-\$5,842.44</b>	<b>-\$4,400.09</b>

GROUP DONATIONS			
	CURRENT	PRIOR YTD	YTD
<b>APPLE VALLEY</b>			
Big Book Study (VV Alano Club)		\$0.00	\$0.00
Campfire Group (VV Alano Club)	\$153.70	\$184.07	\$337.77
Children of Chaos (COV)		\$0.00	\$0.00
Coffee Talk (VV Alano Club)		\$383.00	\$383.00
Friday Night Lights (VV Alano Club)		\$0.00	\$0.00
Front & Center (VV Alano Club)	\$238.00	\$563.00	\$801.00
Luz Del Sur (21887 Outer Hwy 18)		\$0.00	\$0.00
Men's Stag (Serenity Hall)		\$0.00	\$0.00
Men's Stag (VV Alano Club)		\$0.00	\$0.00
O.L.D. AA Big Book Study (Our Lady of the Desert)	\$75.00	\$200.00	\$275.00
Original Big Book Study (COV)		\$0.00	\$0.00
Pride Group LGBTQ+ (VV Alano Club)		\$240.00	\$240.00
Primary Purpose (COV)		\$0.00	\$0.00
Primary Purpose (Online)		\$178.20	\$178.20
Question & Answer (VV Alano Club)		\$0.00	\$0.00
Sisters in Serenity (COV)		\$30.00	\$30.00
Speaker Meeting (COV)		\$0.00	\$0.00
Step Workshop (VV Alano Club)		\$0.00	\$0.00
T.G.I.F. (COV)		\$0.00	\$0.00
Women's Big Book Study (VV Alano Club)		\$0.00	\$0.00
Women's Meeting (Church of the Nazarene)		\$146.70	\$146.70
<b>BARSTOW</b>	<b>CURRENT</b>	<b>YTD</b>	<b>YTD</b>
Attitude of Gratitude (Alano Club)		\$0.00	\$0.00
Barstow Desert Group (Alano Club)		\$25.00	\$25.00
Desert Dogs (Alano Club)		\$0.00	\$0.00
Desert Road Runners (River of Life Methodist)		\$0.00	\$0.00
Friday Night Live (Alano Club)	\$300.00	\$700.00	\$1,000.00
Happy Hour (River of Life Methodist Church)		\$25.00	\$25.00
Into Action Men's Stag (Alano Club)		\$570.00	\$570.00
Literature in the Parking Lot (Alano Club)		\$0.00	\$0.00
Los Coyotes Men's Stag (Alano Club)	\$150.00	\$567.00	\$717.00
Our Primary Purpose (Alano Club)	\$100.00	\$200.00	\$300.00
Prayer and Meditation (Alano Club)		\$50.00	\$50.00
Sisters in Sobriety (Alano Club)		\$0.00	\$0.00
Una Nueva Vida (Alano Club)		\$0.00	\$0.00
Women's Rule 62 Group (River of Life Methodist)	\$20.00	\$20.00	\$40.00
<b>BIG BEAR</b>	<b>CURRENT</b>	<b>YTD</b>	<b>YTD</b>
Honor The Mountain Group	\$100.00		\$100.00
<b>FORT IRWIN</b>	<b>CURRENT</b>	<b>YTD</b>	<b>YTD</b>
Daily Reflection (3rd St/G Avenue)		\$0.00	\$0.00
Soldiers for Sobriety (3rd St/G Avenue)		\$30.00	\$30.00
<b>HELENDALE</b>	<b>CURRENT</b>	<b>YTD</b>	<b>YTD</b>
Ladies Willing to Go to Any Lengths (Community Church)		\$0.00	\$0.00
No Valid Complaints (Lion's Club)		\$135.00	\$135.00
Serenity Group (Community Church)		\$0.00	\$0.00
<b>HESPERIA</b>	<b>CURRENT</b>	<b>YTD</b>	<b>YTD</b>
Hesperia Umbrella Group (HUG)		\$0.00	\$0.00
Spanish (Main Street)		\$0.00	\$0.00
Spanish (Mariposa Road)		\$0.00	\$0.00
<b>PHELAN</b>	<b>CURRENT</b>	<b>YTD</b>	<b>YTD</b>
Open Book Study (Montara Road)		\$0.00	\$0.00
Phelan Sober Group (Sunnyslope Road)		\$50.00	\$50.00
Spanish (Manos Unidas De Phelan)		\$0.00	\$0.00
<b>VICTORVILLE</b>	<b>CURRENT</b>	<b>YTD</b>	<b>YTD</b>
Big Book/12 and 12 Study (Holy Innocents Church)		\$0.00	\$0.00
Latino de Victor Valley (St. Andrews)		\$0.00	\$0.00
Mojave Riverwalk (VV Lower Campus)		\$0.00	\$0.00
Tumbleweed Group		\$0.00	\$0.00
<b>WRIGHTWOOD</b>	<b>CURRENT</b>	<b>YTD</b>	<b>YTD</b>
12x12 (Old Firehouse)		\$200.00	\$200.00
12x12 Study (Hillside Community Church)		\$0.00	\$0.00
Big Book Study (Old Firehouse)		\$200.00	\$200.00
Friday Night Reflections (Old Firehouse)	\$120.00	\$0.00	\$120.00
Men's Stag Meeting (Old Firehouse)		\$90.00	\$90.00
No Frills (Old Firehouse)		\$200.00	\$200.00
Open Participation (Blessed Junipero Serra Church)		\$0.00	\$0.00
Open Participation (Old Firehouse)		\$0.00	\$0.00
Women's Meeting (Old Firehouse)		\$0.00	\$0.00
<b>YERMO</b>	<b>CURRENT</b>	<b>YTD</b>	<b>YTD</b>
Open Participation (Peggy Sue's Diner)		\$0.00	\$0.00
Peggy Sue's Diner (Peggy Sue's Diner)		\$0.00	\$0.00
<b>UNKNOWN</b>	<b>CURRENT</b>	<b>YTD</b>	<b>YTD</b>
Steppers		\$25.00	\$25.00
Individual Donations	\$96.00	\$828.68	\$924.68
<b>TOTAL GROUP DONATIONS</b>	<b>\$1,352.70</b>	<b>\$5,840.65</b>	<b>\$7,193.35</b>



**Snackbar! BINGO Prizes!**

**High Desert Sunshine of the Spirit**  
Convention Fundraiser

**\$25 for 6 card / 10 game pack**  
**\$15 Additional packs**  
**\$2 Daubers**

For info call Angi A.  
760-912-5553

**October 11, 2025**  
**Doors open at 11:00**  
**First game at 12:00**

**Victor Valley Alano Club**  
**11085 Central RD.**  
**Apple valley**



*"The biggest enemy I have is the noise that lives between my left ear and my right .ear."*



*"Never go upstairs without adult supervision."*



**Need Help?**

Do you or someone you love have difficulties with substance use?


Need care today? We have same-day appointments available.

If alcohol or drugs are becoming a problem, we can help. Here at St. Mary Neighborhood Health we offer support and guidance to those in need of assistance.

**St. Mary**  
Neighborhood Health  
with Providence

**(760) 946-8169**

**Ask for Virginia at at St. Mary's**  
**Neighborhood Health Building**  
**across the Highway from the Hospital.**  
**for info on: Medication Assistance Treatment Clinic.**



**BARSTOW BIRTHDAYS CELEBRATE**  
**THE 4th Saturday EACH MONTH**  
**NEW TIME: 10/24/25, AT 3:30 THE PARTY STARTS**  
**WITH A LONGTIMERS PANEL.**  
**THE POTLUCK BEGINS AT 4:30.**  
**A SOBER COUNTDOWN ENDS THE NIGHT**

## THE HISTORY OF AA'S TRADITIONS

## DISTRICT 19 2025 ANNUAL PRESENTATION COMING SOON

The history of Alcoholics Anonymous's (AA) Twelve Traditions will be back in lieu of November's District meeting, usual place and time. It's a short performance. There's a narrator who sets the scene while actors perform key moments showing how early AA groups encountered problems. These problems are what prompted the creation of the Traditions.

**Narrator:** Provides background information, and Introduces the characters, and the scene below.

- **Bill W.:** AA co-founder and author of the Traditions.
- **Dr. Bob:** AA co-founder.
- **The Founder:** An old-timer who started his local group.
- **Moneybags:** A wealthy member offering financial help.
- **Delegate:** A traveling AA member, representing the wider fellowship

**ALL MEMBERS WELCOME TO ATTEND AND JOIN US FOR A POTLUCK AFTERWARD. DISTRICT 19 WILL PROVIDE MAIN DISH, PLATES, CUPS AND CUTLERY. BRING A SIDE DISH, DRINKS, OR DESSERTS.**

Continuing to work with other alcoholics, Wilson and Smith became discouraged by the Oxford Group's focus on evangelizing, lack of group democracy, and repeated encouragement from Oxford Group leadership for them to reduce their work with alcoholics. As a result of these conflicts, they left the group in 1937.

In the early days of AA, the group operated as a "word of mouth program," with members carrying the message to those seeking recovery. That early oral tradition promoted six steps to recovery. Though there were multiple versions of the six, all took this general form:

We ... (1) admitted we were licked; (2) got honest with ourselves; (3) talked it over with another person; (4) made amends to those we had harmed; (5) tried to carry this message to others with no thought of reward; (6) prayed to whatever God we thought there was.

In 1939, Wilson authored the book *Alcoholics Anonymous*. There, he expanded the initial six principles to today's well known 12 Steps, and included personal stories authored by early members. Now in a fourth edition and known to the original members as the Big Book (not for its impact but because of the thickness of the paper used to save costs in the first printing) the text has sold over 30 million copies. The lack of democracy that led the founders to leave the Oxford Group informed Wilson's writing of the Twelve Traditions of AA. His article "Twelve Suggested Points for A. A. Tradition" appeared in AA's monthly journal, *The Grapevine* in 1946. The Twelve Traditions were formally adopted in 1950 and established a highly decentralized organization without a central leader: "

AA ... ought never to be organized ... our leaders are but trusted servants; they do not govern."

AA was to be an organization with a clearly articulated purpose—**"to carry the message to the alcoholic who still suffers"** and one that sought to avoid distractions and controversy that might detract from its primary purpose: **"Alcoholics Anonymous has no opinion on outside issues ..."**. Though less well known than the Twelve Steps, the traditions contributed significantly to the growth and longevity of AA.

Based on these traditions, each AA group has no leaders, just volunteers who set up meeting spaces and conduct other functions. All group decisions are made by consensus.

<https://origins.osu.edu/read/brief-history-alcoholics-anonymous>



"Every promise in our program is conditional. You get 'this' if you do 'that.'"

## What is the Spiritual Principle of Step 10?

The key principles are honesty, perseverance, and humility. Step 10 also ties to the AA spiritual axiom: "Every time we are disturbed, no matter what the cause, there is something wrong with us."

### ►►►DAILY INVENTORY◀◀◀

Did I pray to know and follow God's will today?  
What progress did I make?  
What weaknesses do I need to surrender to God?  
In what ways was I kind and loving?  
Was I able to "let go and let God?"  
Do I need to make amends to anyone?  
Did faith or fear control my thoughts?  
Am I taking care of myself physically, emotionally, and spiritually?  
What am I grateful for today?

## What is a Nightly Inventory in AA?

A nightly inventory is a short reflection at the end of the day. This practice prevents unresolved emotions from carrying into the next day.



**MID-SO CALIFORNIA AREA 09 (MSCA 09) DISTRICT 19/GSR COMMITTEE**  
Meets the 4TH Sunday of the month at 12:30 pm at the H.U.G.  
15885 Main St., Suite 310 (s/w corner of 8th and Main) HESPERIA, CA.92345

ZOOM ID: [89040765566](https://us02zoom.us/j/89040765566)

PASS CODE: [254586](https://us02zoom.us/j/89040765566)

DIRECT QUESTIONS OR COMMENTS TO SECRETARY AT: [msca09d19@gmail.com](mailto:msca09d19@gmail.com)

ALL AAs ARE WELCOME and ENCOURAGED TO PARTICIPATE and LEARN MORE!



And your commitment to service,  
A part of our 3<sup>rd</sup> legacy.

The 4<sup>th</sup> Sunday IN OCTOBER, District 19 committee members will be elected for Panel 76 (JAN.2026-DEC.2027) Nominations and your volunteerism are welcome to attend. For info on position requirements contact secretary: Liz Y 442- 255 -9819  
All positions OPEN OPEN OPEN!!!

**FOR GROUPS AND INDIVIDUALS**  
**7TH TRADITION CONTRIBUTIONS**  
**CAN BE SENT ONLINE NOW**  
**THROUGH YOUR BANK & THE ZELLE APP**  
**TO**

[d19.7thtradition@gmail.com](mailto:d19.7thtradition@gmail.com)

**SEND CORRESPONDENCE TO:**  
**PO Box 3096**  
**Victorville, Ca.92393**

(SNAIL MAIL STILL AVAILABLE)



Zelle®



OUR DISTRICT REGISTRAR IS AVAILABLE TO  
ACCEPT INFORMATION FOR "NEW  
GROUPS" AS WELL AS CHANGES FOR  
EXISTING GROUPS.  
WHEN YOU KEEP US UPDATED, WE PASS  
IT ON TO THE AREA AND THE G.S.O.

REGISTRAR CONTACT INFORMATION:  
BOB O ~ (760)985-3462  
[zitrorr53@gmail.com](mailto:zitrorr53@gmail.com)

I AM NOT  
IN RECOVERY  
TO ADD  
DAYS TO  
MY LIFE  
I AM IN  
RECOVERY  
TO ADD  
LIFE TO  
MY DAYS

**VICTOR VALLEY INTERGROUP CENTRAL OFFICE  
GENERAL SERVICE BOARD**

Office Manager	Melissa S
Chair	Kara K
Co-Chair	Shannon W
Treasurer	Shelly J
Secretary	Sandy B
Associate Member	Kim W
Newsletter Editor	Sandy D

**Cities in the District**

ADELANTO, APPLE VALLEY, BARSTOW, HESPERIA,  
LUCERNE VALLEY, NEWBERRY SPRINGS, PHELAN,  
TRONA, VICTORVILLE, WRIGHTWOOD, & YERMO

**PANEL 74/75 DISTRICT 19/GSR COMMITTEE BOARD**

DC MEETING CHAIR	Bob O
ALTERNATE DCMC	OPEN
REGISTRAR	Bob O
SECRETARY	Liz Y
TREASURER	Stacey H
ARCHIVES	Leslee A

**Chairs and Liaisons**

Grapevine/LaVina	(Chair)	OPEN
Hospitals & Institutions	(Liaison)	Shelly J
CPC/H	(Chair)	Sandy D
Intergroup	(Liaison)	Shelly J
CBC	(Chair)	OPEN

**GSR HOME GROUP**

Bob O	Scholarship	Grapevine/Daily Reflections	Patrin
Bob O	Big Book		Barstow
Mike E	Happy Hour		Barstow
Anthony	Into Action	Men only	Barstow
Courtney Q	Rule 62	Women only	Barstow
Jerry M	Tumbleweed		Victorville
John M	Phelan Sober		Phelan
Liz Y	TGLF Church of the Valley		AV
OPEN	Sun Eve Campfire	Alano Club	AV
Rita R	William Wynn Ch Of the Nazarene		AV
Mike M			HUG
Dan W			HUG
Tom W	(W) Men's Stag		Wrightwood
Michelle C	(Mo) Wm BB/12x12		Wrightwood
Daniel H	(S) Jam Participation		Wrightwood
Leslee A	(F) 7pm Serenity Now		Wrightwood

District 19 Correspondence  
P.O. Box 3096 Victorville, Ca 92393  
E-mail: msca09d19@gmail.com

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IRVINE, CA. 92619-1446  
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Panel 74 Delegate: Alex W  
Email: [msca09.delegate74@gmail.com](mailto:msca09.delegate74@gmail.com)  
or: [delegate@msca09aa.org](mailto:delegate@msca09aa.org)  
Call or text: 954-654-3149

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[fellowshipbirthdays@gmail.com](mailto:fellowshipbirthdays@gmail.com)  
send the following:

**AA Members Home Group  
SOBRIETY DATE,  
FIRST NAME & LAST INITIAL**

Share your groups news and events with us

OCTOBER 25, 2025  
is the DEADLINE for  
NOVEMBER 2025 publication

# ANOTHER SOBER OCTOBER 2025 KEEP COMING BACK WITHOUT A DRINK, SOBER HAPPY BIRTHDAY EVERYONE !



Terri N  
Robert  
Joey R  
Bill C  
Bill W  
Dave F  
Robert K  
Joshua R  
Michelle C  
Ann B  
Carmen  
Brad  
Gerald P  
Heidi L  
Sam D  
Abel C  
Annie G  
Frankie  
Taury P  
Rebecca G  
Jodi T

October 2, 2016	AV Church of the Nazarene Women
October 4, 2015	H.U.G.
October 6, 2011	
October 10, 1973	Tumbleweed VV
October 10, 2009	Tumbleweed VV
October 12, 2012	No Valid Complaints Helendale
October 12, 2001	Barstow
October 13, 2013	No Valid Complaints Helendale
October 15, 2010	ZOOM Serenity Now/Women, WW
October 19, 1996	AV Church of the Nazarene Women
October 19, 2020	H.U.G.
October 21, 1999	H.U.G.
October 23, 1989	H.U.G.
October 23, 2018	AV Church of the Nazarene Women
October 23, 1997	
October 24, 1994	Barstow
October 27, 2014	Tumbleweed VV
October 27, 2020	H.U.G.
October 29, 2019	No Valid Complaints Helendale
October 29, 2016	Barstow
October 30, 19	H.U.G.



**...Ain't No Sunshine When We're Gone.  
So We're Here to Plan One Anyway!**

**THE SUNSHINE OF THE SPIRIT PLANNING COMMITTEE  
WILL AMAZE YOU FOR YOUR  
2026 HIGH DESERT CONVENTION  
AT THE MARRIOTT IN HESPERIA  
JUNE 5~7, 2026**

**JOIN THE COMMITTEE, AND  
BE A PART OF SOMETHING BIG!**

**WE MEET ON THE 2<sup>ND</sup> THURSDAY  
MONTHLY AT 6:30 PM,  
NOW AT THE VICTOR VALLEY  
ALANO CLUB 11285 CENTRAL RD AV, CA**

**ZOOM ID: 93301230836 PW: trustgod**

