



Newsletter for the Fellowship

VICTOR VALLEY INTERGROUP CENTRAL OFFICE
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STEP SEVEN

"Humbly asked Him to remove our shortcomings"

Alcoholics Anonymous (AA) focuses on learning to accept your flaws and recognizing that you need to change your behavior. In AA, it's suggested that people with addiction may lack humility, which makes it harder for them to admit to their mistakes and shortcomings or see the need for change. Step 7 can help people develop a richer and deeper understanding of themselves and their connections to others. Regardless of how you approach it, Step 7 is an important step in recovery. If you are struggling with addiction and want to change your life for the better, working through this step can be a great way to begin your journey toward healing. <https://www.verywellmind.com/step-7>

TRADITION SEVEN

"Every AA group ought to be fully self-supporting, declining outside contributions."

While the Fellowship has always faced problems of money, property, and prestige in one form or another, through the wisdom of the Seventh Tradition we have never been diverted from our primary purpose of carrying the message to the alcoholic who still suffers. This is our fundamental work, and to ensure that the hand of A.A. will always remain outstretched, money and spirituality must continue to mix. And for that, we are all responsible. I seek to be financially self-supporting, not wealthy. The seventh tradition, completed the seventh step this way: Father I humbly ask you to remove my major shortcomings, not placing you first in my life, but placing false Gods first, including money. Please teach

CONCEPT SEVEN

"The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness."

"Thus, the practical power of the Conference is, in the final analysis, superior to the legal power of the board. This superior power derives from the traditional influence of the Conference Charter itself; from the fact that the delegates chosen by the groups always constitute more than two-thirds of the Conference members"; and finally from the ability of the delegates to cut off financial support by the groups. "Theoretically, the Conference is an advisory body only; but practically speaking, it has all the ultimate power it may ever need."

an excerpt from the A.A. conference approved pamphlet (P8) The Twelve Concepts for World Service Illustrated. Reprinted with permission from A.A.W.S.

JULY 2025



THE SPIRITUAL PRINCIPLE OF STEP SEVEN

HUMILITY In AA, humility is not about thinking less of oneself, but about thinking of oneself less often and focusing on others. It involves acknowledging one's limitations, accepting guidance, and being willing to serve others. Practicing humility means being honest, open-minded, and willing to change.

HUMILITY OPENS THE DOOR TO GRATITUDE

me to be self-supporting in my relationship with you! "Fear" automatically results when I think I should handle any situation in life by myself. As soon as I place God first in my thinking and try to hear his voice through prayer and meditation, "fear" is removed.



from the Traditions Study developed by the Unity Insures Recovery Through Service A.A. Group, Los Angeles, CA.

STEP SEVEN PRAYER



The virtues of self awareness, acceptance, and self-honesty, give us the courage and willingness to be vulnerable, to be truly humble. In other words, by working on these virtues we increase our capacity to be humble in our relationship with ourselves and others. However, if we lack self-awareness and self-acceptance we will also lack self honesty and therefore fail to be humble. We'll be unable to show our true self to others, to be vulnerable, and will lack authenticity in our relationships.

From: <https://www.aacle.org/humility-in-recovery-and-how-to-develop-it/>



**VICTOR VALLEY INTERGROUP CENTRAL OFFICE
GENERAL SERVICE BOARD**

Office Manager	Melissa S
Chair	Kara K
Co-Chair	Shannon W
Treasurer	Shelly J
Secretary	Sandy B
Associate Member	Kim W
Newsletter Editor	Sandy D

Cities in the District

ADELANTO, APPLE VALLEY, BARSTOW, HESPERIA,
LUCERNE VALLEY, NEWBERRY SPRINGS, PHELAN,
TRONA, VICTORVILLE, WRIGHTWOOD, & YERMO

PANEL 74 DISTRICT 19/GSR COMMITTEE BOARD

DC MEETING CHAIR	Bob O
ALTERNATE DCMC	OPEN
REGISTRAR	Bob O
SECRETARY	Liz Y
TREASURER	Stacey H
ARCHIVES	Leslee A

Chairs and Liaisons

Grapevine/LaVina	(Chair)	OPEN
Hospitals & Institutions	(Liaison)	Shelly J
OPC/H	(Chair)	Sandy D
Intergroup	(Liaison)	SHILLEY J
CEC	(Chair)	OPEN

GSR HOME GROUP

Bob O	Soldier for Sobriety/Grapevine/Daily Relations	Pitwin
Bob O	Big Book	Barstow
Mike E	Happy Hour	Barstow
Anthony	Into Action Men only	Barstow
Courtney Q	Rule 62 Women only	Barstow
Jerry M	Tumbleweed	Victorville
John M	Phelan Sober	Phelan
Liz Y	TGIF Church of the Valley	AV
OPEN	Sun Eve Campfire	Alano Club AV
Rita R	(W) 11am Wmn Ch Of the Nazarene	AV
Mike M		HUG
Dan W		HUG
Tom W	(W) Men's Stag	Wrightwood
Michelle C	(Mo) Wmn BB/12x12	Wrightwood
Daniel H	(Su) Jam Participation	Wrightwood
Leslee A	(Fr) 7pm Serenity Now	Wrightwood

District 19 Correspondence
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MID-SOUTHERN CA. AREA 09

PO BOX 51446

IRVINE, CA. 92619-1446

<https://www.msca09aa.org> MSCA 09 Panel

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NEWSLETTER for the Fellowship
is on our website at: www.victorvalleyaa.org
For e-delivery contact:
newsletterfortheFellowship@gmail.com

Get your AA Birthday Published
e-mail your info to
fellowshipbirthdays@gmail.com
send the following:
AA Members: Home Group
SOBRIETY DATE,
FIRST NAME & LAST INITIAL

Share your groups news and events with us

JULY 25, 2025
is the DEADLINE for
AUGUST 2025 publication

PANEL 74 DISTRICT 19/GSR Committee

Meets the 4TH Sunday each month 12:30 pm @ the *H.U.G.*
15885 Main St, Suite.310 (s/w ccomer.8th&Main) Hesperia, Ca. 92345

ZOOM ID: 89040765566

PASSCODE: 254586

Business Meeting June 2025 *On the first night of our convention in lieu of the business meeting,, Alex W provided her share-back from Panel 74s final General Service Committee conference. Available at area website now.*

No GSR report this month.

**Victor Valley Intergroup of Alcoholic Anonymous
Emergency Intergroup Meeting Minutes 5/13/25**

Meeting called to order at 17:30

Present: Kim W., Shelly J, Melissa S., Julia J., Elaine, Sandy D, Kara, Courtney, Shannon W

Kim and Shelly heard back that our status is up to date, we are back in good standing and can open back up immediately for business. Melissa is going to reach out to volunteers to reopen the office tomorrow.

Julia asked if we are open for donations. Shelly confirmed we are open just as we were previously. Shelly has Jan-April financial statements if we would like to put them in the newsletter. Shelly and Kim fixed all the paperwork mistakes yesterday over the phone and got the word today from the Attorney General's Office that we are renewed until 5/15/26. We need to make sure that we have a list of all paperwork that needs to be completed annually so this does not happen again. We do still have a couple of tax bills that will need to be paid eventually, but we have some time to pay all of that. At this time, we have \$1990.58 in checking and \$2505.09 in savings.

Melissa requested to have a meeting a week from Saturday, but there were several people who could not attend.

Kim made a letter to post saying that we are open for business, we can wait until next month to hold our regular meeting.

Shelly reminded everyone to make sure that any donations come with information about where they are from and the donors are given a paper receipt so we can keep track of the amounts.

Melissa is going to make some phone calls to get the office staffed for tomorrow. We are going to need a new Tuesday morning volunteer and a new Tuesday afternoon volunteer. Our morning volunteer is out for a while and our afternoon volunteer does not have transportation. Sandy D. volunteered to work Tuesday afternoons.

Shelly requested to hold the June meeting on the second Saturday, 6/14 because she will be out of town on the third Saturday. Sandy D. will not be able to attend due to surgery. At this time, the next meeting will be Saturday June 14.

Melissa will leave instructions for the volunteers to put donations in both the Square and a carbon copy receipt book with names and phone numbers if possible. Shelly says the Square is only giving totals on donations, rather than a breakdown of each donation that was made.

Julia has a check that was sent to give to CO that she will bring. We will be open at 09:00 tomorrow morning. Julia thanked Kim and Shelly for all the work they did to get us back up and running.

Shelly and Kim will make a "lifecycle" of everything that needs to be done and filed each year. They will all be in a notebook for the next person who takes over.

We can now start planning Founder's Day as well.

Meeting closed at 17:52. Recorded by Shannon W.

Victor Valley Intergroup of Alcoholics Anonymous Meeting Minutes 4/19/2025

Call to Order

The meeting was called to order at 8:32 am by Kara and she prayed in with serenity prayer. Introductions around the room were done with positions if one held.

Present: Kara K, Melissa S, Shelly J, Sandy B, Julia J, Shannon W, Courtney Q, Rosie (SIS), Sandy D

Call Outs: Kim W, Elaine K

No Calls: Robert V

Sandy B read minutes from 3/15/25. Shannon motioned to accept minutes Rosie seconded, AIF.

Intergroup Reports

Chair: Kara — No report.

Co-Chair: Shannon — No report.

Secretary: Sandy B — No report.

Treasurer: Shelly — report as follows:

Checking Account Balance:	\$4,585.60
Savings Account Balance:	\$3,505.04
Total Deposits:	\$ 00.00
Total Expenses:	\$1,350.00

Continued on page 3





Still waiting to hear from OAG , 45 business days 4/25/25, 7/3/25 will be 90 days. CDTFA California Department Tax and Fees Administration fees & assessment were paid for first quarter online \$142.00 payment plan 1119.00 6 months. 1st payment was made \$328.38. IRS letter was received 4/7/25 was received stating 941 form files in 2022, which was not paid \$1,358.99 fee with late fees and penalties. Shelly said in all the dealings with IRS we need to have a "call number" which she does not know how to obtain. 941 employment tax form from 2022 needs to be addressed. Melissa motioned to pay 200.00 per month, Elaine seconded, AIF. The new financial summary is almost ready to share with the committee. She just needs to shore up the donation portion on square then will share. She shared the format with the committee. Jan — April with new format will be provided at the next committee meeting. Shelly shared with the committee the itemized expense form format for record keeping for future use and said she also reviewed with Melissa for Central Office and/or any other expense.

7th Tradition brought in: \$0

Shannon motioned to accept treasurer report, Melissa seconded, AIF.

Office Manager: Melissa stated she mailed back some checks with the Central Office letter and is keeping track to circle back once opened.

Office visits: 0

Group/Individual Donations:

Group: \$ 00.00

Information calls & Call Forwarding: 52

12 Step Calls: 0

Individual: \$00.00

Newsletter: Sandy D — Sandy D informed the committee she will reluctantly be giving up her commitment as editor due to her arthritic hand condition. She is committed to completing the newsletter through July 2025. Rosie suggested we take topic to meetings to see if there is interest from other members to be the new newsletter person. Kara thanked Sandy D for all her work over the years on the newsletter.

Webmaster: Courtney — Courtney said there is a discrepancy on the chair app. It was noted that the chair app gets information off our website. Courtney will make sure to update Sandy D when website is updated to make sure changes are captured on meeting directory. Julia said there is a Tuesday evening meeting that is not listed and she will provide information to Courtney.

GSR: Robert V — Shelly said Robert V stepped down. Position open.

Associate Member: Kim W — Shelly and Kim spent countless hours getting all paperwork for 2018-2024 to the state. Some years needed to be amended. The OAG has not updated the website. Kim reached out via email to find out how long it would take to process all that was submitted and they responded they would get back with her. Kim said they submitted a letter explaining what happen with standing, what was worked on and what will be in place moving forward for Central Office, noting also that she is confident that the issue will be resolved.

Shelly said after they worked on all the paperwork to the state she went home and printed 2018-2024 paperwork. She sent if certified mail and postage was \$18.85 which she utilized her Central Office ATM for. She received response back from state on 2/26/2025 which stated: "Thank you for contacting the Delinquency program in the Registry of Charities and Fundraisers. We are experiencing an unusually high volume of submissions. If you are inquiring about the status of your submission, please know our review may take 45-90 days."

Fees were noted as follows:

375.00 late fee

25.00 each month delinquent

25.00 each month both filing correct forms

Total Fees: \$600.00 (Check #1303 written 2/24/25)

Additional items to be addressed:

1099 previous and current office managers 2024 — current. California Dept Tax & Fees Administration: seller permit is no longer valid effective June 2023. Shelly and Kim continue to work on pending issues and solution. Need to get previous square out previous office manager's name. Melissa volunteered to have it in her name moving forward. Shelly also said she and Kim will work on the new financial report format.

Old Business

Update Alano Club fronted books to the Women's Banquet, Convention and Ride for Recovery. 153.00. Ride for Recovery paid the Alano Club for books already and Sandy B will take to the other two committees to see reimbursement. For clarification, no donation between Alano Club and Central office was made. Topic to be coordinated with each event and Alano Club to shore up.

New Business

Spectrum Bill — Melissa said the bill is \$140.00 and there is no opportunity to negotiate lower.

Donations Received at Central Office Return Status — returned as noted above.

501c3 Status Update — discussed above.

Book Donations (front) — discussed above.

Financial Report Format for Reporting & Newsletter — covered under Financial Report.

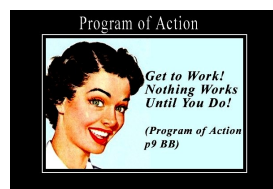
Central Office Manager Salary — tabled until in good standing.

Melissa informed the committee she is going to go down to the Central Office in Colton to ask questions about their structure and who and how they order items for their office. One of the questions will be surrounding book costs and bring information back to committee for discussion. Shelly noted that the Co-chair Shannon W is not listed in the newsletter and Sandy D will make sure she is added. Sandy B turned in the Spring Fling BINGO fundraiser seed money check in the amount of \$500 (check #1301) to Treasurer since we were not able to have fund raiser due to standing of

Central Office. Close of Meeting

Shannon motioned to adjourn the meeting, Elaine seconded, AIF. Meeting adjourned at 9:38 am. Group prayed out with the serenity prayer.

Respectfully submitted, Sandy B



VICTOR VALLEY INTER-GROUP CENTRAL OFFICE

FINANCIAL SUMMARY AS OF April 30th, 2025			
	CURRENT		
Savings	\$3,505.07		
Transfer from Savings to Checking			
Cash in Chase Banking	\$3,235.54		
Central Office Petty Cash			
INCOME	CURRENT	PRIOR YTD	YTD
Group Donations	\$0.00	\$2,326.07	\$2,326.07
Individual Donations	\$0.00	\$250.00	\$250.00
Chips and Medallions	\$0.00	\$539.45	\$539.45
Literature	\$0.00	\$1,295.90	\$1,295.90
Square Credit Card Fee	\$0.00	\$19.00	\$19.00
AA Mountain Conference		\$0.00	\$0.00
SOTS-HDC Convention		\$0.00	\$0.00
Ride for Recovery		\$0.00	\$0.00
Intergroup 7th Tradition		\$0.00	\$0.00
TOTAL INCOME	\$0.00	\$4,430.42	\$4,430.42
EXPENSES	CURRENT	PRIOR YTD	YTD
Rent	\$492.31	\$1,539.69	\$2,032.00
Southern California Edison		\$119.09	\$119.09
Southwest Gas	\$46.43	\$111.00	\$157.43
Spectrum	\$140.00	\$419.96	\$559.96
High Desert Alarm		\$154.47	\$154.47
Manager Salary		\$2,300.00	\$2,300.00
Maintenance/Office		0	\$0.00
Insurance		\$247.50	\$247.50
Literature		\$951.75	\$951.75
Banking Fees		\$0.00	\$0.00
Other Expenses (Debit Card Transactions)	\$23.90	\$422.79	\$446.69
CDTFA (Sales Tax)	\$470.38	\$0.00	\$470.38
Federal Taxes	\$200.00	\$0.00	\$200.00
Square Fees		\$0.00	\$0.00
Printing		0	\$0.00
Fundraisers		0	\$0.00
Business License		0	\$0.00
Miscellaneous Office Expenses (paid with Checks)		\$151.24	\$151.24
Website		0	\$0.00
TOTAL EXPENSES	\$1,373.02	\$6,417.49	\$7,790.51
BALANCE	-\$1,373.02	-\$1,987.07	-\$3,360.09



Holiday Inn San Francisco-Golden Gateway
1500 Van Ness Avenue San Francisco, CA 94109

New pricing announced for 2025! First time attendees can register for \$25 and returning attendees for \$85. Ticket prices for the in-person registration will go up as the event nears so be sure to secure your ticket today!

The oldest and longest-running LGBTQ AA Conference in the country continues with the 2025 Annual Western Roundup Living Sober Conference.

Engaging Workshops | Inspiring Speakers | Fun in Fellowship
 We look forward to seeing you at our fellowship events leading up to this years conference! Thank you for your support!

GROUP DONATIONS			
APPLE VALLEY	CURRENT	PRIOR YTD	YTD
Big Book Study (VV Alano Club)		\$0.00	\$0.00
Campfire Group (VV Alano Club)		\$184.07	\$184.07
Children of Chaos (COV)		\$0.00	\$0.00
Coffee Talk (VV Alano Club)		\$150.00	\$150.00
Friday Night Lights (VV Alano Club)		\$0.00	\$0.00
Front & Center (VV Alano Club)		\$282.00	\$282.00
Luz Del Sur (21887 Outer Hwy 18)		\$0.00	\$0.00
Men's Stag (Serenity Hall)		\$0.00	\$0.00
Men's Stag (VV Alano Club)		\$0.00	\$0.00
O.L.D. AA Big Book Study (Our Lady of the Desert)		\$200.00	\$200.00
Original Big Book Study (COV)		\$0.00	\$0.00
Pride Group LGBTQ+ (VV Alano Club)		\$0.00	\$0.00
Primary Purpose (COV)		\$0.00	\$0.00
Primary Purpose (Online)		\$0.00	\$0.00
Question & Answer (VV Alano Club)		\$0.00	\$0.00
Sisters in Serenity (COV)		\$0.00	\$0.00
Speaker Meeting (COV)		\$0.00	\$0.00
Step Workshop (VV Alano Club)		\$0.00	\$0.00
T.G.I.F. (COV)		\$0.00	\$0.00
Women's Big Book Study (VV Alano Club)		\$0.00	\$0.00
Women's Meeting (Church of the Nazarene)		\$0.00	\$0.00
BARSTOW	CURRENT	PRIOR YTD	YTD
Attitude of Gratitude (Alano Club)		\$0.00	\$0.00
Barstow Desert Group (Alano Club)		\$0.00	\$0.00
Desert Dogs (Alano Club)		\$0.00	\$0.00
Desert Road Runners (River of Life Methodist)		\$0.00	\$0.00
Friday Night Live (Alano Club)		\$400.00	\$400.00
Happy Hour (River of Life Methodist Church)		\$25.00	\$25.00
Into Action Men's Stag (Alano Club)		\$570.00	\$570.00
Literature in the Parking Lot (Alano Club)		\$0.00	\$0.00
Los Coyotes Men's Stag (Alano Club)		\$200.00	\$200.00
Our Primary Purpose (Alano Club)		\$200.00	\$200.00
Prayer and Meditation (Alano Club)		\$0.00	\$0.00
Sisters in Sobriety (Alano Club)		\$0.00	\$0.00
Una Nueva Vida (Alano Club)		\$0.00	\$0.00
Women's Rule 62 Group (River of Life Methodist)		\$0.00	\$0.00
FORT IRWIN	CURRENT	PRIOR YTD	YTD
Daily Reflection (3rd St/G Avenue)		\$0.00	\$0.00
Soldiers for Sobriety (3rd St/G Avenue)		\$30.00	\$30.00
HELEDALE	CURRENT	PRIOR YTD	YTD
Ladies Willing to Go to Any Lengths (Community Church)		\$0.00	\$0.00
No Valid Complaints (Lion's Club)		\$60.00	\$60.00
Serenity Group (Community Church)		\$0.00	\$0.00
HESPERIA	CURRENT	PRIOR YTD	YTD
Hesperia Umbrella Group (HUG)		\$0.00	\$0.00
Spanish (Main Street)		\$0.00	\$0.00
Spanish (Mariposa Road)		\$0.00	\$0.00
PHELAN	CURRENT	PRIOR YTD	YTD
Open Book Study (Montara Road)		\$0.00	\$0.00
Phelan Sober Group (Sunnyslope Road)		\$0.00	\$0.00
Spanish (Manos Unidas De Phelan)		\$0.00	\$0.00
VICTORVILLE	CURRENT	PRIOR YTD	YTD
Big Book/12 and 12 Study (Holy Innocents Church)		\$0.00	\$0.00
Latino de Victor Valley (St. Andrews)		\$0.00	\$0.00
Mojave Riverwalk (VV Lower Campus)		\$0.00	\$0.00
Tumbleweed Group		\$0.00	\$0.00
WRIGHTWOOD	CURRENT	PRIOR YTD	YTD
12x12 (Old Firehouse)		\$0.00	\$0.00
12x12 Study (Hillside Community Church)		\$0.00	\$0.00
Big Book Study (Old Firehouse)		\$0.00	\$0.00
Friday Night Reflections (Old Firehouse)		\$0.00	\$0.00
Men's Stag Meeting (Old Firehouse)		\$0.00	\$0.00
No Frills (Old Firehouse)		\$0.00	\$0.00
Open Participation (Blessed Junipero Serra Church)		\$0.00	\$0.00
Open Participation (Old Firehouse)		\$0.00	\$0.00
Women's Meeting (Old Firehouse)		\$0.00	\$0.00
VERMO	CURRENT	PRIOR YTD	YTD
Open Participation (Peggy Sue's Diner)		\$0.00	\$0.00
Peggy Sue's Diner (Peggy Sue's Diner)		\$0.00	\$0.00
UNKNOWN	CURRENT	PRIOR YTD	YTD
Steppers		\$25.00	\$25.00
Individual Donations		\$250.00	\$250.00
TOTAL GROUP DONATIONS	\$0.00	\$2,576.07	\$2,576.07



49th Annual High Sierra Campout

Mammoth Lakes, CA. August 22-24, 2025

"Freedom Through Sobriety"

We invite you to join us in the peace and serenity of the Eastern Sierra for this special weekend of fellowship, food and recovery



This is a sober event meant to foster inclusion and unity for those in recovery or seeking help with alcoholism.
ALL ARE WELCOME!

Pine Glen is a group campground located just outside Mammoth Lakes on Hwy 203. There is limited camp space in these sites. Fill out the "Tent-Camper" registration below early to guarantee space. More sites are available for private reservations at "Pine Glen", "New Shady Rest" or "Old Shady Rest" campgrounds, which are a short walk from Pine Glen. Go online to recreation.gov to reserve these sites or if you need space for an RV or trailer. You will need to register for this event as a "Non Camper."

Our meetings, meals & registration will be held at Campsite #8. Please do not set up in that site. We will have a limited amount of parking at the campsites and meeting area. Carpooling, biking, or walking from other nearby parking will be necessary during meeting times. Handicap parking will be available.

Pre-register below or register onsite. The Friday Welcome Party meal, Saturday evening BBQ and Sunday breakfast are included with your registration along with plenty of meetings and fellowship. Remember to bring a potluck side dish for the Saturday BBQ

Friday August 22

Noon- 7pm Registration
5:30pm Welcome Party
6pm Al-anon Meeting
7pm AA Speaker Meeting

Saturday August 23

8am-7pm Registration
8am AA Meeting
8am Al-anon Meeting
9-11:30 AA Workshop
Noon Picnic at the Lake and
AA Meeting
5:30pm BBQ/Potluck Dinner
7pm AA Speaker Meeting

Sunday August 24

7:30am Breakfast served
8am AA Meeting
8am Al-anon Meeting
9:30am AA Speaker Meeting
11am Check out/clean up

Name _____ Registrations Fees:
Address _____ Tent/Camping Persons: (____) X\$45= _____
City, State Zip _____ Non-Camper Persons: (____) X\$25 = _____
Phone: _____ Email: _____ Child Camper-\$15 _____ Amount Due _____
Make Checks to: High Sierra Campout Mail to: PO Box 3272 Mammoth Lakes, CA 93546
Contact: highsierracampout123@gmail.com or Karen S. (760) 937-2669

AA Word Search

H M R Z Q Z S E I Y D E P E N D E N C E A A C C
D N E X Y E L A S W K P N L P B Z K S B E M R I
Z L Y P A C Z X U U B J V J B K M A D S Z I X S
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S Q E T R E A T M E N T F V F O D N P M Y K N Y

serenity prayer
disinhibition
higher power
intoxication
intervention
bloodstream
clean time
dependence
counseling
abstinence
addiction
treatment
recovery
meetings
pharmist
confront
sponsor
sponsee
spirits
faith
sober
rehab
na
aa



September 5-7, 2025: The 2025 Southern California AA Convention will be held at The Westin Rancho Mirage Golf Resort & Spa in Rancho Mirage. It will also have Al-Anon participation.

73rd Southern California AA Convention

"The Big Book Comes Alive in 2025"

"The tremendous fact for every one of us is that we have discovered a common solution. We have a way out on which we can absolutely agree, and upon which we can join in brotherly and harmonious action."

— Big Book of Alcoholics Anonymous, pg. 17

The Southern California Convention is the Grand Daddy of AA conventions in California. It was brought into existence to fulfill an important need for the members of Alcoholics Anonymous. Please join us in our 73rd year as we continue to share and celebrate our legacies of "Unity", "Service", and "Recovery" in an atmosphere of fun and fellowship for all.

See You There!

73rd Southern California AA Convention
710 S. Myrtle Ave. #121 Monrovia, CA 91016

REGISTER ON-LINE
WWW.AASOCAL.COM

REGISTER NOW

Palm Springs, California

Consistently rated among the nation's top leisure travel and convention destinations, Palm Springs beckons visitors to explore and experience its natural beauty and year-round, near-perfect weather. The Resort is set in the heart of the Palm Springs valley and is centrally located to all of the area's well known attractions. From Rancho Mirage to La Quinta and Palm Springs, there are museums, restaurants and adventures awaiting you. Enjoy some of the finest views of the Palm Springs valley on the Aerial Tramway, or immerse yourself in all of the fine art and culture the area has to offer. Visit "Roses Drive of the desert" on El Paseo Drive and the Agua Caliente Casino for your late night entertainment.

More Information

Visit our website at
www.aasocal.com

73rd SOUTHERN CALIFORNIA AA CONVENTION
WITH AL-ANON PARTICIPATION


The Big Book Comes Alive in 2025

The Big Book Comes Alive in 2025

September 5th - 7th, 2025

The Westin Rancho Mirage Golf Resort & Spa
Rancho Mirage, California

September 5-7, 2025: The 19th Annual Mountain AA Conference will take place at the Big Bear Performing Arts Center in Big Bear Lake. This conference includes speakers, fellowship, workshops, and more.



[REGISTER](#) [SCHEDULE](#) [LISTEN](#) [STAY](#) [CONTACT](#)

Mountain AA Conference

With Al-Anon participation

A Search for Serenity
September 5-7, 2025

BIG BEAR PERFORMING ARTS CENTER

39707 Big Bear Blvd, Big Bear Lake, CA
92315, USA [MAP](#)

[LISTEN TO PREVIOUS SPEAKERS HERE](#)



AA SOBER VERSARIES JULY 2025

Another year, without a Drink, SOBER!
HAPPY BIRTHDAY TO ALL!



Chris T	July 03, 2021	Barstow
Pauline R	July 04, 1993	Church of the Nazarene, AU
Matt H	July 04, 2015	Barstow
Merry T	July 05, 2021	H.U.G.
Joe G	July 07, 2014	Helendale/Silver Lakes
Ronan	July 09, 1996	Barstow
Wendy Mc	July 09, 2019	Church of the Nazarene, AU
Rita	July 09, 2021	Barstow
Sandra Mc	July 11, 2018	Church of the Nazarene, AU
Robin F	July 12, 1987	Church of the Nazarene, AU
Craig N	July 14, 1987	Helendale/Silver Lakes
Laverne H	July 15, 2012	Church of the Nazarene, AU
Chuck L	July , 2002	H.U.G.

Jerry R	July 16, 1998	Tumbleweed
Rita R	July 18, 1994	Church of the Nazarene, AU
Robert D	July 20, 1989	Tumbleweed
Michael T	July 21, 1998	Tumbleweed
Robert C	July 21, 2008	Tumbleweed
Marlene C	July 25, 1984	Church of the Nazarene, AU
Marilyn C	July 25, 2002	Barstow
Tina A	July 27, 1992	Church of the Nazarene, AU
Joe H	July 27, 1997	Barstow
Melissa S	July 28, 2007	Church of the Nazarene, AU
Jenny M	July 28, 2020	H.U.G.
Todd H	July , 2014	H.U.G.

RECOVERY CAN HAPPEN AT HOME

Online Meetings

Alcoholics Anonymous:
aa-intergroup.org/directory.php
Culpeper Recovery:
facebook.com/culpeperrecovery
In The Rooms:
intherooms.com/home/
McShin Foundation:
mcshin.org/blog/get-in-the-herd-podcast/
Narcotics Anonymous:
virtual-na.org
Smart Recovery:
smartrecovery.org/community/
Unity Recovery:
unityrecovery.org/digital-recovery-meetings

Helpful Apps

AA Big Book
Celebrate Recovery
NA Speakers
Recovery Devotionals
Recovery Path
Sober Tool
7 Cups of Tea
Hotlines
Text 24hr Crisis Line
text hello to 741741
Substance Abuse Hotline
1-800-662-HELP
Suicide Prevention Lifeline
1-800-273-8255

Podcasts

Mother Recovering
motherrecovering.com/listen/
This Naked Mind
thisnakedmind.com/category/podcast/
Recovery Elevator
recoveryelevator.com/podcasts/
Sober Girl's Guide
asobergirlsguide.com/podcast
That Sober Guy
thatsoberguy.com/podcast
YouTube
AA Speakers
Celebrate Recovery
NA Speakers
SMART Recovery

Recovery is about helping each other out, not judging each other. We are all in the same game just dealing with different devils on different levels.

I AM YOUR DISEASE

I'll invade all your thoughts,
I'll take hostage your soul
I'll become your new master,
in total control
I'll maim your emotions,
I'll run the whole game
Till your entire existence is
crippled with shame

Do you recognise me?

A Brief History of Our Central Bulletinwhat we call today

"Newsletter for the Fellowship"

at District 19, Pacific Region. It is one of 93 Districts in 8 Regions in the U.S. & Canada

By late 1939, Cleveland had organized several groups, and to coordinate their efforts, the first Intergroup of Alcoholics Anonymous, known as the Central Committee, was established. (Possibly a reason we often refer to the Cleveland District Office as "Central Office" today.) By 1942, the United States had entered World War II. To maintain communication with our members who were being relocated, printer Harry D initiated A.A.'s first newsletter, titled "Central Bulletin", which began publication in October 1942.

After ten years of publication, Harry created bound

CENTRAL BULLETIN

UNSELFISHNESS — HONESTY — TRUTH — LOVE

VOL. I-No. 1

BOX 1638, STATION C, CLEVELAND, OHIO

October, 1942

Editorial . .

For some time it has been the conviction of several A.A. members as the result of the expansion of our fellowship in Cuyahoga County, that some means of wider communication of our activities to our members is needed. To that end, the efforts of this bulletin will be dedicated.

Many of our members are leaving the city to take jobs elsewhere and many are going into the armed services. To these members we think we can fill a definite need.

We shall strive to maintain an interesting and lively contact between these absent members and us at home.

Letters from men in the services all beg for news of happenings within the various groups. We hope to meet this plea.

We hope, through this bulletin to bring you news of general interest to A.A. members, such as notices of parties, anniversaries (?), picnics, special

A Plea to the Secretaries

To enable the Bulletin to compile a mailing list of all men in service, group secretaries are requested to send names and addresses of all service men. Individual members may send names and addresses of service men to the A.A. postoffice box, P. O. Box No. 658, Church St. Annex, New York City.

This first edition of the Bulletin is merely an outline of what we intend to produce in the future. It is not intended to be a monthly report of only central committee's activities, but is intended to be a reporting service of all groups in Cuyahoga County.

In order to make this paper truly interesting to every member, it will be necessary to get news items from every group. And if it is to be a success, it will be the necessary duty of every secretary to transmit his group's news to the editors before the first Tuesday in each

A Prayer

(Based on Psalm 90)

Lord, thou hast been our dwelling place in all generations.

Before the mountains were brought forth, or ever the earth and the world were made,

copies of the Central Bulletin for sale, producing two years' worth in each book (pictured below). A complete set was sent to the GSO Archives in New York <https://www.aace.org/a-brief-history-of-our-central-bulletin>