



**NEWSLETTER FOR THE FELLOWSHIP**  
**VICTOR VALLEY INTERGROUP CENTRAL OFFICE**  
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WEBSITE: <https://www.victorvalleyaa.org>

**FEBRUARY 2024**

## **STEP TWO**

**"Came to believe that a Power greater than ourselves could restore us to sanity."**

Sanity is defined as "soundness of mind." Yet no alcoholic, soberly analyzing his destructive behavior, whether the destruction fell on the dining-room furniture or his own moral fiber, can claim "soundness of mind" for himself.

*Twelve Step and Twelve Traditions pg 33*  
*Reprinted with permission of A.A.® World Services, Inc*

**Keep the faith.  
The most  
amazing things  
in life tend to  
happen right at  
the moment  
you're about to  
give up hope.**

## **TRADITION TWO**

**"For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."**

A.A. is a spiritual movement, and so the "ultimate authority" is the spiritual concept of the "group conscience." It's voice is heard when a well-informed group gathers to arrive at a decision. The result rests on more than a "yes" and "no" count.

Minority ideas get thoughtful attention.

*The Twelve Traditions ~ Illustrated P-43*  
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## *The Language of the Heart*

**18<sup>th</sup> ANNUAL AA HIGH DESERT  
WOMEN'S BRUNCH**

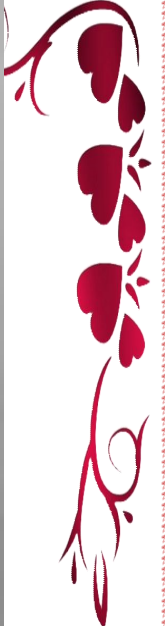
**Bear Valley Country Club** *formerly Spring Valley Lake Country Club*  
**Saturday April 27, 2024** from 10:30 am until 3:00pm



**Our Guest Speaker**  
**Carol M from Orange, Ca**

**50/50 Raffle Drawing**

**\$65 p/ticket** LIMITED SEATING AVAILABLE For additional information  
CONTACT *Melissa S 760-220-4016 or Lori T 760-486-6549*



## **CONCEPT TWO**

**"The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs."**

When, in 1955, the A.A. groups confirmed the permanent charter for their General Service Conference, they thereby delegated to the Conference complete authority for the active maintenance of our world services and thereby made the Conference — excepting for any change in the Twelve Traditions or in Article 12 of the Conference Charter — the actual voice and the effective conscience for our whole Society

*Taken from P-8, "Twelve Concepts for World Service Illustrated pg.4",*



## **Second Step Prayer**

*I pray for an open mind so I may come to believe in a Power greater than myself. I pray for humility and the continued opportunity to increase my faith. I don't want to be crazy anymore.*



## **Our Second Step Spiritual Principle**

**In Step Two, we are offered hope that we too, can get better.**  
Hope is a belief in something that is possible. It doesn't mean that by working this step we will be instantly restored to sanity. It means that if we continue to stay clean and sober and work the rest of the steps, that we could be restored to sanity.

**VICTOR VALLEY INTERGROUP / CENTRAL OFFICE**  
**SERVICE BOARD**

Chair	Heather T
Co-Chair	
Treasurer	Joe T
Secretary	Doug H
Office Co-Managers	Max L-Waylon K
Central Office - I.G.R.	Kara K
Newsletter Editor	Sandy D

**DISTRICT 19-GSR COMMITTEE**

**Cities in the District**

Adelanto, Apple Valley, Barstow, Hesperia, Lucerne Valley,  
Newberry Springs, Phelan, Trona, Victorville, Wrightwood, & Yermo

**PANEL 74 BOARD**

DC MEETING CHAIR	OPEN
ALTERNATE DCMC	Bob O
REGISTRAR	Bob O
SECRETARY	Liz Y
TREASURER	Marty H
ARCHIVES	Leslie A

**Liaisons and Chairs**

Grapevine/La Vina	(Chair)	Nick K
Hospitals & Institutions	(Liaison)	Shelly J
CPC/PI	Co-Chairs	Marianne B/Sandy D
Intergroup	(Liaison)	Vivien B
CEC	(Chair)	Vivien B

**GSR HOME GROUP**

Bob O	Soldiers for Sobriety/Grapevine/Daily Reflections Ft Irwin
Bob O	Big Book/ Happy Hour
Jerry M	Barstow
Liz Y	Tumbleweed
Marty H	T.G.I.F.
Nick K	Alano Club
Mike M (Alt)	H.U.G.
Tom W	H.U.G.
Daniel H	Wrightwood
	Wrightwood

**MID-SOUTHERN CA. AREA 09**

PO BOX 51446  
IRVINE, CA 92619-1446  
<https://www.msca09aa.org>

**District 19 Correspondence**

P.O. Box 3096 Victorville, California 92395  
E-mail: [msca09d19@gmail.com](mailto:msca09d19@gmail.com)

MSCA 09 Panel 74 Delegate: Alex W.  
Emails: [msca09.delegatep74@gmail.com](mailto:msca09.delegatep74@gmail.com)  
Or: [delegate@msca09aa.org](mailto:delegate@msca09aa.org)  
Call or text: 954- 654- 3149

NEWSLETTER for the Fellowship is available  
online at: <https://www.victorvalleyaa.org>

To receive a monthly link, contact:

[newsletterfortheFellowship@yahoo.com](mailto:newsletterfortheFellowship@yahoo.com)

GET your AA Birthday PUBLISHED

Have your group Chip person call  
Central Office or

E-MAIL YOUR INFO TO:

[fellowshipbirthdays@gmail.com](mailto:fellowshipbirthdays@gmail.com)

With the following:

AA MEMBERS SOBRIETY DATE,  
FIRST NAME & LAST INITIAL

February 27, 2024

Is DEADLINE for

March 2024 publication

For your Fellowship announcements!

**Mid-So. California Area 09 (MSCA09), PANEL 74**  
**DISTRICT-19/GSR Committee**

Meets the 4th Sunday each month 12:30 pm @ the H.U.G.  
In the Shopping Center @15885 Main St, Suite.310.(s/w corner. 8th & Main) Hesperia, Ca. 92345  
ZOOM ID: 82791277692 PASSCODE: 76856

**JANUARY 28, 2024 Business Meeting GSR REPORTS**

**Bob O** Soldiers for Sobriety/Grapevine/Daily Reflections Ft Irwin Meetings are on base, Tuesdays and Thursdays, 6pm-7pm @ Bldg.452, Army Substance Abuse Office. For more info, contact 760-985-3462

**Bob O** Big Book/Happy Hour/Barstow Desert Group Saturday 9:30 am Big Book, and Monday 5 pm Happy Hour have relocated to 129 White St., Barstow Alano Club.

**Jerry M** Tumbleweed The group is in the process of moving, and the contract is yet to be finalized. The new location will be announced once done.

**Liz Y** T.G.I.F. All is well with the Friday evening group.

**Marty H** Sunday Evening Campfire Alano Club Campfire held indoors during inclement weather, and the fire is streamed.

**Nick K** H.U.G. No problems at the H.U.G. All is well

**Mike M (Alt)** H.U.G. Sobriety dates needed on the Men's Phone List

**Tom W** Men's Stag Wrightwood Preparation for September 2024 Mens Retreat has been completed already. All is well.

**Daniel H** Sunday AM Open Participation, Wrightwood All is well at the Old Firehouse

**VVIGCO SERVICE BOARD COMMITTEE**

**Business Meeting January 20, 2024 Minutes**

Meeting called to order by Waylon at 8:35 AM  
Serenity Prayer led by Waylon  
12 Traditions read by Kara

**Present** Max, Waylon, Doug, Kara, and Jim

The minutes from previous month were read by Doug and were approved as read

**Treasurers Report**

Income	\$1263.14
Expenses	\$1995.96
<b>Net increase/decrease</b>	<b>\$723.82</b>

**Newsletter Report:** January 2024's first issue is online and link sent via email to EM list. December issue completed the 12 STEPS, TRADITIONS & CONCEPTS for 2023

**H and I Report** ABSENT, No report.

**Webmaster Report:** Website is running well. The online Meeting Directory is being maintained, and updated frequently. Waylon and Jim are planning a Webstore for online sales for all AA members and groups

**GSR Report:** UNASSIGNED No report.

**Office Managers Report**

Checking \$2385.15	Savings \$5004.52
Office Visits	Information calls 54 12 step calls 3
Call Forwarding	calls 46 12 step calls 6
Total	calls 100 12 step calls 9

**Old Business**

General feedback on manager training  
Bank account changes  
AV Town Hall Founders Day deposit  
Central Office open on weekends (Nov, '23)  
Central Office re-location

*Is an ongoing process*

*Waylon now on account*

*\$250 deposit pd to Town of AV*

*Unjustified for now, will revisit in 6 months.*

*Tabled for one month*

**New Business**

VVIGCO Service Board Committee Election of Officers *Inadequate attendance, tabled 1 month*  
Website *With Board approval, Waylon & Jim are coding for an online Webstore*  
Ride for Recovery *Barstow Alano Club completed planning arrangements & Waylon reserved the final destination, "Jubilee Park" in Beatty Nevada. And will be making flyers.*

VVIGCO business meeting, discuss day & time changes *The 3rd Sat, 8:30 am timeframe consistently low attendance. This month, Waylon will reach out to see whether it should change & discuss @ next meeting*

Seventh Tradition passed {13<sup>00</sup>} and meeting closed at: 9:40am





*IT'S BACK*

## THE 18<sup>TH</sup> ANNUAL

*IT ALL BEGINS IN BARSTOW AND*



*YOUR FINAL STOP IS: BEATTY NV*



**FRIDAY EVENING**

**APRIL 5, 2024**

**7 PM**

**SPEAKER MEETING**

RIVER OF LIFE FREE METHODIST CHURCH, 800 YUCCA AVE IN BEAUTIFUL DOWNTOWN BARSTOW

**SATURDAY MORNING**

**APRIL 6, 2024**

**7 AM - 9 AM**

**CHECK IN & REGISTRATION**

**AT THE BARSTOW ALANO CLUB 129 WEST WHITE ST  
IT'S A POKER RUN, FIRST CARD DRAWN AT THE CLUB**



DEATH VALLEY IS A NATIONAL PARK AND ENTRY FEE IS **\$15** P/ PERSON

**\$25** MOTORCYCLE **\$30** VEHICLE

**COST \$52 + LUNCH \$12**

PURCHASE TICKETS ONLINE AT: [WWW.EVENTBRITE.COM / RIDEFORRECOVERY](http://WWW.EVENTBRITE.COM/RIDEFORRECOVERY)

**50-50 RAFFLE**

**WINNER ANNOUNCED @ SATURDAY EVENING SPEAKER MEETING:**

**AT THE COMMUNITY CENTER, JUBILEE PARK, BEATTY, NV**

**ORGANIZED BY: BARSTOW ALANO CLUB**

**FUNDRAISER FOR: VICTOR VALLEY INTERGROUP CENTRAL OFFICE (VV.I.G.G.O.) 12 STEP WORKS**

**FOR MORE INFO CALL: TONIE P 760\*331-.9015 OR LLOYD R...760\*964-9586**



### Upcoming Events For 2024 Calendar

February 19	Presidents Day
March	Womens' History Month
March 1-3	P.R.A.A.S.A. San Francisco, Ca
March 16	Inland Empire AA Women's Spring Fling
April 5-6	Ride For Recovery Barstow Alano Club
April 18-21	38 <sup>th</sup> Inland Empire Convention-SOBOBA
April 27	High Desert AA Women's Brunch S.V.L.
May 16-19	39 <sup>th</sup> Annual Tri-State Roundup Laughlin, NV
May 31-June 2	High Desert 38 <sup>th</sup> S.O.T.S. Convention Hesperia
June 9	High Desert Founders Day Picnic A.V.

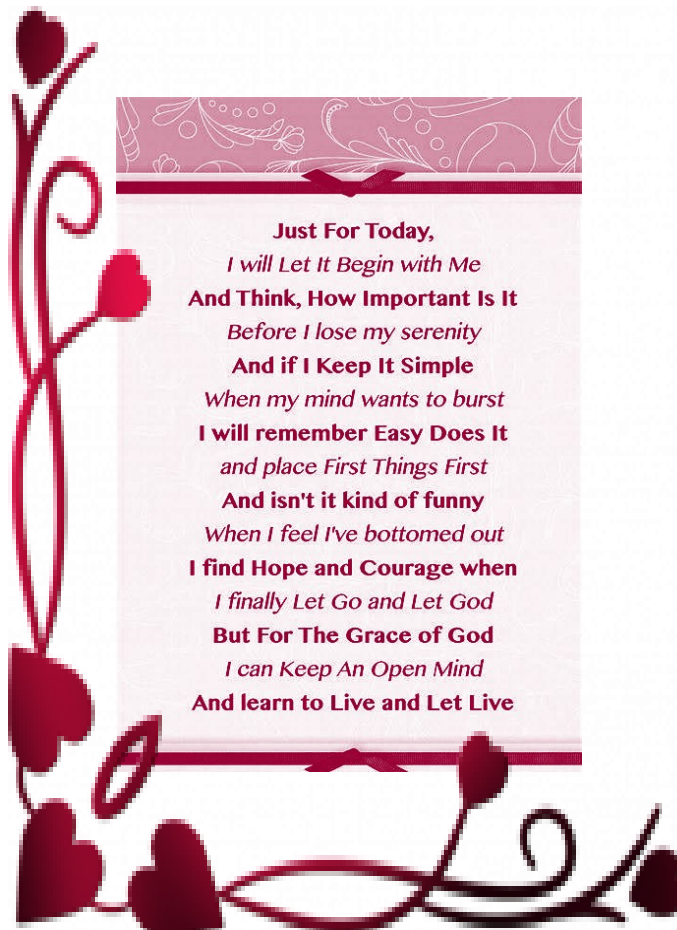
**JULY 3-6, 2025**

**90TH ANNIVERSARY**

**2025 INTERNATIONAL CONVENTION,**

**ALCOHOLICS ANONYMOUS**

**VANCOUVER, BRITISH COLUMBIA, CANADA**



**Just For Today,  
I will Let It Begin with Me  
And Think, How Important Is It  
Before I lose my serenity  
And if I Keep It Simple  
When my mind wants to burst  
I will remember Easy Does It  
and place First Things First  
And isn't it kind of funny  
When I feel I've bottomed out  
I find Hope and Courage when  
I finally Let Go and Let God  
But For The Grace of God  
I can Keep An Open Mind  
And learn to Live and Let Live**

# HEART OF THE FELLOWSHIP

## WHAT MAKES IT BEAT? CARRYING THE MESSAGE

### Service

*From GSR to Group Secretary, service is simply getting involved and giving back in any way we can. Giving back helps carry the A.A. message to our fellow alcoholics.*

### Contributions

*From a buck in the basket at our home group to sending money to our Intergroup Central Offices, Areas or G.S.O., every time we give, we are helping carry A.A.'s message of HOPE to alcoholics everywhere.*

### Literature

*More than 12 million pieces of A.A. literature are distributed annually, with one goal, to carry an A.A. message of hope to alcoholics or those seeking our Fellowship*

### Participation

*Attending a meeting, putting out a hand, putting up a hand, simply being there, that's participation. Participation has but one goal, to carry the A.A. message to other alcoholics, both within or those looking for our Fellowship, so that we may stay sober ourselves.*

PLEASE POST

“But we  
do have  
expenses...”

When you “put money in the basket”  
you support your group and A.A. worldwide.

You help make sure that:

- Your group gets meeting space
  - Phones get answered
- Alcoholic inmates get Big Books
- Professionals get correct information about A.A.
  - Loner A.A.s get letters
- Newcomers get literature and meeting lists
- A.A.s around the globe share experience, strength and hope



Region, Country, World

“I want the hand of A.A. always to be there...”



GENERAL SERVICE BOARD OF ALCOHOLICS ANONYMOUS, INC. • P.O. BOX 459 • GRAND CENTRAL STATION, NEW YORK, NY 10163

(718) 271-3400 • FAX: (718) 271-3003 • [www.aa.org](http://www.aa.org)

## Dr. Bob Explains His Understanding of AA Anonymity

“He [Dr. Bob] said there were two ways to break the Anonymity Tradition: (1) by giving your name at the public level of press or radio; (2) by being so anonymous that you can’t be reached by other drunks.”

In an article in the February 1969 Grapevine: “Dr. Bob on Tradition Eleven,” Volume 25, Issue 9, D. S. Of San Mateo, California, wrote that Dr. Bob commented on the Eleventh Tradition, “We need always maintain personal anonymity At the level of press, radio and films,” as follows: “Since our Tradition of Anonymity designates the exact level where the line should be held, it must be obvious to everyone who can read and understand the English Language that to maintain Anonymity at any other level is definitely a Violation of this Tradition.”

“The AA who hides his identity from his fellow AAs by using only a given name violates The Tradition just as much as the AA who permits his name to appear in the press in connection with matter pertaining to AA.”

“The former is maintaining his anonymity ABOVE the level of press, radio and films, and the latter is maintaining his anonymity BELOW the level of press, radio and films—whereas the tradition states that we should maintain our anonymity ‘AT’ the level of press, radio and films.”

Ernie G. of Toledo, commenting on what he saw to be an increase of anonymity within AA today as compared with the old days, said, “I made a lead [trip to bring message] over to Jackson [Michigan] one night, and everybody’s coming up to me and saying, ‘I’m Joe; ‘I’m Pete.’ Then one of the guys said, ‘Safe journey home. If you get into any trouble, give me a buzz.’

Later, I said to the fellow who was with me, ‘You now, suppose we did get into trouble on the way home. How would we tell anyone in AA? We don’t know anyone’s last name.’ They get so doggone carried away with this anonymity that it gets to be a joke.” I had a book [evidently one of the small address books compiled by early members or their wives] with the first hundred names—first and last—telephone numbers, and where they lived.

Dr. Bob’s views on anonymity remained clear in the recollections of Akron’s Joe P. [The Dartmouth grad]. Though it was not the custom in the mid-1940’s to give AA talks to anyone except drunks, Joe noted, a few members formed an unofficial public information committee that started to speak to Rotary and Kiwanis Clubs throughout the state.

*Excerpt from Dr. Bob and The Good Oldtimers, p 264-265*

**Alcohol is the most  
abused anxiety  
drug. Exercise is  
the most  
underutilized  
antidepressant.**

### More Reflections on Anonymity

“Anonymity has two attributes essential to our individual and collective survival; the spiritual and the practical. On the spiritual level, anonymity demands the greatest discipline of which we are capable; on the practical level anonymity has brought protection for the new-comer, respect and support of the world outside, and security from those of us who would use A.A. for sick and selfish purposes.”

Bill’s Last Message, aa.org





# AA SOBERVERSARIES FEBRUARY 2024

Another year, without a Drink, **SOBER!**  
HAPPY BIRTHDAY To all



Kris C	February 1, 1987	Helendale BB Study	Ben A	February 14, 2007	H.U.G.
David D	February 1, 2022	H.U.G.	Steve L	February 15, 2021	H.U.G.
Flo D	February 2, 1995	AV Church of Nazarene	Alex H	February 16, 2022	Tumbleweed
Tiffany T	February 3, 2019	Barstow	Josh G	February, 17, 2021	Barstow
Lisa N	February 3, 2020	AV Church of Nazarene	Natasha M	February 18, 2022	Helendale Sat Nite Serenity
Leslie A	February 4, 1992	Wrightwood Serenity Now	Nick G	February 19, 2015	Tumbleweed
Kim T	February 4, 2006	Tumbleweed	Ronnie S	February 20, 2022	Tumbleweed
Lloyd R	February 6, 2007	Barstow	Tom W	February 22, 1999	Wrightwood Mens Stag
Waldron(Wally)F	February 7, 1991	H.U.G.	Eddy G	February 22, 2002	Tumbleweed
Toby G	February 8, 2019	Barstow	Darlene J	February 25, 2015	Tumbleweed
Britnn	February 8, 2021	Wrightwood	Bernie F	February 27, 2006	Tumbleweed
Annette R	February 9, 1991	Helendale	Ryan	February 27, 2022	H.U.G.
Sergio V	February 10, 2011	Tumbleweed	Anthony C	February 28, 2023	Tumbleweed
Bernard	February 10, 2019	H.U.G.			
Mike E	February 10, 2020	Barstow			

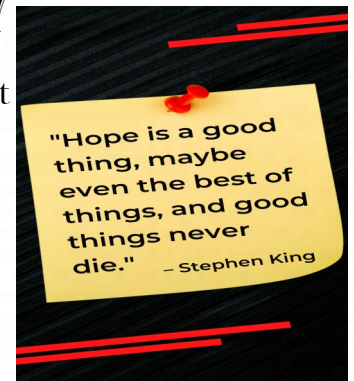
**"IF YOU CANNOT FIND PEACE WITHIN YOURSELF, YOU WILL NEVER FIND IT ANYWHERE ELSE."**

MARVIN GAYE

## LETS KEEP A TWO-WAY FLOW

Does your group have an Intergroup Representative (IGR)? If not now, when? In Alcoholics Anonymous we all work together. ***"For continuous effectiveness and permanent unity we Alcoholics see that we must all work together and hang together, else most of us will finally die alone."*** Quote from: Alcoholics Anonymous Big Book, pg.561

At the local level our system of communication is interdependent between groups, committees, offices, and representatives. This in mind, our last VVIGCO Intergroup Business Meeting was to hold Board Elections which were tabled due to low attendance. We are holding them this month 3<sup>rd</sup> Saturday, 8:30am on the 17<sup>th</sup>. If you're presently an Intergroup Representative for your group, your attendance is welcomed and your faithfulness toward your service commitment won't be unrecognized.



**GROUP REPRESENTATION AT A CENTRAL/ INTERGROUP OFFICE** Service centers usually have no authority on their own account; they derive it from the participating groups. Central/intergroup offices are essentially A.A. service entities, "directly responsible to those they serve," as described in Tradition Nine. Local group representatives reflect the groups' conscience in the service center operations. In most communities, a central/intergroup office committee or steering committee is set up to handle the administrative activities of the service office. The steering committee holds regularly scheduled meetings and deals with general policy and plans. Periodically, the steering committee reports to group representatives on central/inter-group office problems and accomplishments. It is extremely important to keep a two-way flow of information going between the central/ intergroup office and groups.

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