

NEWSLETTER FOR THE FELLOWSHIP

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STEP NINE

"Made direct amends to such people except when to do so would injure them or others."

Do we lay the matter before our sponsor or spiritual adviser, earnestly asking God's help and guidance meanwhile resolving the right thing when it becomes clear, cost what it may? Of course there is no pat answer which can fit all such dilemmas. But all of them do require a complete willingness to make amends as fast and as far as may be possible in a given set of condi-

Twelve Steps and Twelve Traditions, pg s.86 & 87 Reprinted with permission of AAWS, Inc.

NEWSLETTER For The Fellowship

Is available online at: https://www.victorvalleyaa.org Request a monthly link at

newsletterforthefellowship@yahoo.com

Publish your Groups Fellow AA Birthdays

Have the groups chip person contact Central Office

ore-mailus at: fellowshipbirthdays@gmail.com

With the following:

MEMBERS SOBRIETY DATE FIRST NAME & LAST INITIAL

OCTOBER DEADLINE is SEPTEMBER 29, 2023

Step-Tradition Parallel

The first nine steps delivered us from the bondage of our past experiences with alcohol. We finally arrived at the place where we could say to ourselves, "I have totally faced my past. And there is nothing left in my past that I'm ashamed of. There's nothing left that hurts anymore. There's nothing left in my past that's painful. There's nothing left in my past I need to forgive or need to be forgiven for. I'm at total oneness and peace with my past." Well, that's a tremendous statement to be able to say. That's an enormous statement for any person to be able to say about their life. And that's what the first nine steps give us. And the ninth tradition assures me that once my ninth step amends have been made, I will be led to that profound place of peace I have always sought in my life: divine order. The ninth tradition not only contains the secret of

> divine order but also contains the personal principle that will keep an alcoholic like me in divine order. It is so simple. I give up control. I stop organizing myself. I stop trying to organize God into my limited ideas of order.

SEPTEMBER 2023

How does this ninth tradition relate to the ninth step? My life gets unimpeded flow of divine love in a triangle consisting of you, myself and God. Whenever the divine order of that relationship is disturbed, I can restore order by making the unmade amend that put my life out of order. The ninth step poses the question, "After making amends, how do I stay reconciled with you today?" The ninth tradition answers that question by implying that I remain in the divine order by not organizing you, myself or God and spontaneously being of service to you and God.

(Excerpts from the text above come from the Traditions Study developed by the <u>Unity Insures Recovery Through Service AA. Group,</u> Los Angeles, CA.)

Ninth Step Prayer

Higher Power,

I pray for the right attitude to make my amends, Being ever mindful not to harm others in the process.

I ask for Your guidance in making indirect amends.

Most important, I will continue to make amends By staying abstinent, helping others & Growing in spiritual progress.



THIS COULD

BE THE DAY

YOU STOP

SELF-DESTRUCTIVE

HING YOU DO

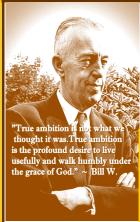
"A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

Long Form: Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect its secretary, the large group its rotating committee, and the groups of a large metropolitan area their central or intergroup committee, which often employs a full-time secretary.

We shall, naturally, take the firm and safe middle course. AA has always violently resisted the idea of any general organization. Yet, paradoxically, we have ever stoutly insisted upon organizing certain special services; mostly those absolutely necessary to effective and plentiful Twelfth Step work.

If, for instance, an AA group elects a secretary or rotating committee, if an area forms an intergroup committee, if we set up a foundation, a general office or a Grapevine, then we are organized for service. The AA book and pamphlets, our meeting places and clubs, our dinners and regional assemblies — these are services, too. Nor can we secure good hospital connections, properly sponsor new prospects, and obtain good public relations just by chance. People have to be appointed to look after these things, sometimes paid people. Special services are performed.

Excerpt from: The A.A. Grapevine, Inc., August 1948Copyright ©



Concept

Nine ~ Long Form:

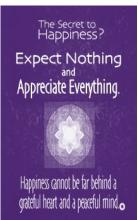
Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.

"A leader in A.A. service is therefore a man (or woman) who can personally put principles, plans and policies into such dedicated and effective action that the rest of us want to back him and help him with his job. "

Good leadership will also remember that a fine plan or idea can come from anybody, anywhere. Consequently, good leadership will often discard its own cherished plans for others that are better, and it will give credit to the source.

"Good leadership never passes the buck. Once assured that it has, or can, obtain sufficient general backing, it freely takes decisions and puts them into action forthwith, provided of course that such actions be within the framework of its defined authority and responsibility.

Text above is an excerpt from pamphlet P-8, The Twelve Concepts for World Service Illustrated



Mid-So. California Area 09, DISTRICT 19/GSR COMMITTEE AUGUST 2023 Report

DISTRICT~19/GSR Committee meets on the 4th Sunday each month at 12:30 pm in the HUG located at 15885 Main St, Suite.310, Hesperia, Ca. (crnr. 8th & Main)

ZOOM ID: 82791277692 PASSCODE: 768560

Bob O: Ft. Irwin~Soldiers for Sobriety Big Book Study (Tuesday 6pm), Presently there isn't a GSR, Bob O has stepped in as the Point of Contact. Quarterly donations being made to GSO, DIST 19 & IGCO Ft. Irwin~Grapevine/Daily Reflections (Thursday 6pm) Presently there isn't a GSR, Bob O has stepped in as the Point of Contact. Quarterly donations being made to GSO, DIST 19 & IGCO

Bob O: Barstow Desert Group ~**Big Book Study** (Saturday 9:30am), **Happy Hour** (Monday 5pm) Book Study Group~Bob O has stepped in as our Point of Contact for vacant GSR position. Happy Hour Group~Bob O has stepped in as our Point of Contact for vacant GSR position

Jerry M: Victorville Tumbleweed Group NO REPORT

Marty H: Alano Club Campfire Meeting (Sunday 7pm)NO REPORT

Liz Y: TGIF (Friday 8pm) The group needs a copy of Roberts Rules of Order

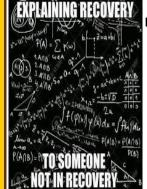
Tom W: Wrightwood Men's Stag (Wednesday 7pm) Everything is as it should be

Tom III Wilghtwood Field's Stag (Wearlesday 7pm) Everyaning is as it should be

Nick K: H.U.G. All is well at the H.U.G.

Area 09 - Mid-Southern California

http://www.msca09aa.org



Victor Valley Intergroup AUGUST 2023 Meeting

Meets on each 3rd Saturday of the month @ 8:30 a.m. at our Central Office location.

The month of August, the meeting was DARK.

THERE ARE NO MINUTES TO REPORT

Next meeting for September 2023 will be on the 16th, attendance by all Intergroup representatives is encouraged.

VVIGCO FINANCIAL STATEMENT WILL BE AVAILABLE ONLINE LATER THIS MONTH.



"If faith without works is dead; then willingness without action is fantasy."

"Going to meetings doesn't make you sober any more than standing in a garage makes you a car."

"Serenity isn't the absence of conflict but the ability to cope with it."

Patriot Day is not a <u>federal holiday</u>; schools and businesses remain open in observance of the occasion, although memorial ceremonies for the 2,977 victims are often held. Volunteer and service opportunities are coordinated by the <u>Corporation for National and Community Service</u>. The <u>flag of the United States</u> is flown at half-staff at the White House and on all

<u>U.S. government</u> buildings and establishments throughout the world; Americans are also encouraged to display flags in and outside their homes. Additionally, a <u>moment of silence</u> is observed to correspond with the attacks, beginning at 8:46 a.m. (<u>Eastern Daylight Time</u>), the time the first plane, <u>American Airlines Flight II</u>, struck the North Tower of the <u>World Trade Center</u> on September II, 2001.



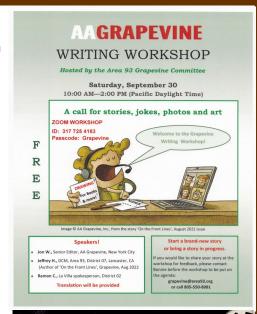
"Experience isn't the same thing as opinion. You can debate my opinion but you can't debate my experience."

"People who matter don't judge and people who judge don't matter."

"I don't WORK the Steps

/ WORK a program

I TAKE the Steps."





3



AA SOBERVERSARIES SEPTEMBER 2023 HAPPY BIRTHDAY TO ALL TAKE another year SOBER!





Nearby Upcoming Events

DISCIPLINE

The Ninth Spiritual Principle

Training that corrects, molds, or perfects the mental faculties or moral character; to bring under control; to train or develop by instruction.

[-					
Henrietta	September 3, 1994	Tumbleweed	Mary	September 18, 2022	Barstow
Dara L	September 5, 2013	HUG/AVChurch of the Nazarene	Ed M	September 18, 1982	Barstow
Meghan	September 5, 2021	<i>H.U.G.</i>	LorettaR	September 20,2018 HU	G/AV Church of the Nazarene
Lydia	September 7,2022	<i>H.U.G.</i>	Bob O	September 21, 1984 1	Barstow Desert Group
Karlen	September 8,1989	HUG/AVChurch of the Nazarene	Christa	September 23, 2019	<i>H.U.G.</i>
Elaine K	September 9, 1985	AV Church of the Nazarene	Ron M	September 23, 1974	Barstow
Karen	September 9, 2020	AV Church of the Nazarene	Carolana	September 25,1980	Barstow
Charles H	Franker 11,2005	Tumbleweed	Steve W(bus driver)	September 26, 1988	
Raj B	September 12, 2022	Barstow	Dawn	September 26, 2021	<i>H.U.G.</i>
Linda H	September 15, 1993	AV Church of the Nazarene	Virginia P	September 29,2013AV	Church of theNazarene
Rodney P	September 15, 2020	Tumbleweed	Angi A	September 29, 2014	Tumbleweed
Glenn G	September 16, 2003	Barstow	Rowena	September 30, 1990 _A	Church of the Nazarene
Christina B	September 16, 2019	Tumbleweed	Larry S	September 30, 1985	Barstow
Bill W		Valid Complaints Helendale	Courtney Q	September 30,2017	Barstow

In Step Nine, 1 will surrender...

 1.) My hesitation to take action, and
 2.) Fear they won't accept my amends, and
 3.) Again, fear of the outcome



Sept 22-24, 2023 Tehachapi Mountain Round-Up

FREE Address:17350Water Canyon Rd. Tehachapi, Ca93561

Oct 6-8, 2023 50th Antelope Valley Round-up

\$20.00 Address: 3041 West Avenue K Lancaster CA 93536

Oct 14,2023 Inland Empire 27th Annual Women's AA Banquet

\$40 incls. tax & tip Registration Deadline Oct.1,2023 Email:aacentral@sbcglobal.net
Riverside Elks Lodge 6166 Brockton Ave, Riverside, Ca.92506

7th Annual AA Retreat, Rosarito Beach, Baja CA

\$140 incls. Registration, Sat Banquet/Speaker Mtg/Sun Buffet Breakfast Spkr Mtg/Charter Bus
(San Ysidro-Rosarito Hotel round-trip) Reg & Pmt info: (909)973-3827, nanthornburg@gmail.com

CLOSING with a SMALL COLLECTION of "SIMPLE, INCONSEQUENTIAL" thoughts:

This year, the brilliant <u>Harvest Moon</u> first appears in the evening of Thursday, September 28, before reaching peak illumination at 5:58 A.M. EDT on Friday, September 29 (it will be below the horizon at this time, however).

One thing that sets the Harvest Moon apart from other <u>full Moon names</u> is that it's not associated with a specific month, as the others are. Instead, the Harvest Moon relates to the timing of the <u>autumnal equinox</u> (September 23, 2023), with the full Moon that occurs nearest to the equinox being the one to take on the name "Harvest Moon." This means that the Harvest Moon can occur in either September or October, depending on how the lunar cycle lines up with the Gregorian calendar.

"Taking naps sounds so childish. I prefer to call them horizontal life pauses."

MEDITATE ON THIS:

Oct 13-5, 2023

Do you know how many thoughts your mind thinks each hour of the day? Experts estimate that the mind thinks between **60,000 – 80,000** thoughts a day. That's an average of 2500 – 3,300 thoughts per hour. That's incredible.

"Hold on, I've gotta overthink about it."