THE TWELVE TRADITIONS

of Alcoholics Anonymous

- 1. Our common welfare should come first; personal recovery depends upon AA unity.
- 2. For our group purpose there is but one ultimate authority ... a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants ... they do not govern.
 - 3. The only requirement for AA membership is a desire to stop drinking.
- 4. Each group should be autonomous except in matters affecting other groups or AA as a whole.
- 5. Each group has but one primary purpose... to carry its message to the alcoholic who still suffers.
- 6. An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
- 7. Every AA group ought to be fully self-supporting, declining outside contributions.
- 8. Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.
- 9. AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
- 10. Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
- 12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

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